



Children's Mental Health Ontario & Ontario Association of Children's Aid Societies

2008 JOINT CONFERENCE



Shoulder to Shoulder: Strengthening Partnerships for Positive Outcomes



June 2 - 4, 2008

Doubletree International Plaza Hotel and Conference Centre, Toronto, ON



2008 JOINT CONFERENCE



To register online using a credit card, go to www.mmsonline.ca
or fill in the enclosed registration form and fax it to 1 905 332 1587.



2008 Joint Conference Planning Committee

Terry Brennan	<i>Children's Mental Health Ontario</i>
Mary Broga	<i>Windsor Regional Children's Centre</i>
Adam Diamond	<i>Ontario Association of Children's Aid Societies</i>
Cathy Dyer	<i>The New Mentality</i>
Dave Huether	<i>The Children's Aid Society of Brockville and the United Counties of Leeds and Grenville</i>
Joanne Johnston	<i>Children's Mental Health Ontario</i>
Kelly Lazure	<i>Lynwood Hall Child and Family Centre</i>
Bruce Leslie	<i>Catholic Children's Aid Society of Toronto</i>
Greg Lubimiv	<i>The Phoenix Centre for Children and Families</i>
Nancy Pereira	<i>The New Mentality</i>
Elizabeth Ridgely	<i>The George Hull Centre for Children and Families</i>
Amanda Rose	<i>Ontario Association of Children's Aid Societies</i>
Virginia Rowden	<i>Ontario Association of Children's Aid Societies</i>
Frances Ruffolo	<i>Children's Mental Health Ontario</i>
Debbie Schatia	<i>Children's Aid Society of Toronto</i>
Gail Vandermeulen	<i>Ontario Association of Children's Aid Societies</i>
Sally Wills	<i>Child & Youth Wellness Centre of Leeds & Grenville</i>



2008 JOINT CONFERENCE



AN INVITATION TO ATTEND

We invite you to attend the joint conference of the Ontario Association of Children's Aid Societies and Children's Mental Health Ontario, "Shoulder to Shoulder: Strengthening Partnerships for Positive Outcomes" to be held in Toronto June 2-4, 2008. Come and hear over 100 speakers who will be presenting on innovative programs, new research and outcome studies that highlight current trends and practices in both child welfare and children's mental health. Presenters will highlight how working together in successful partnerships will result in improved outcomes.

The "Shoulder to Shoulder" Conference will bring together child welfare and children's mental health professionals, board members, parents, foster care providers, government officials and youth. We have built an exciting program featuring dynamic speakers and presenters for plenary and workshop sessions.

We hope you will mark June 2-4 on your calendar and make it a priority to attend this stimulating joint conference, to explore new ideas and partnership opportunities and to network with colleagues and friends.

Gordon Floyd
Executive Director & CEO
Children's Mental Health Ontario

Jeanette Lewis
Executive Director
Ontario Association of Children's Aid Societies





2008 JOINT CONFERENCE



PROGRAM AT A GLANCE

Legend: Youth Program

Sunday, June 1

2:00 PM	Registration	
7:30 PM - 9:00 PM	Synergy Kick-off	Youth Only Session

Monday, June 2

7:00 AM - 5:00 PM	Registration	
8:00 AM - 8:30 AM	Continental Breakfast	
8:00 AM - 5:00 PM	Poster Displays	
8:30 AM - 9:00 AM	Conference Opening Message from the Honourable Deb Matthews, Minister of Children and Youth Services	
9:00 AM - 10:00 AM	Opening Plenary Presentation <i>Josh Shipp</i>	
10:15 AM - 11:45 AM	Concurrent Morning Sessions	
	MA1 Change from the Inside OUT: Organizational Change Toward Inclusive Services for Lesbian, Gay, Bisexual, Transsexual, Transgendered, Gender Non-conforming, Queer and Questioning Children, Youth and Families	
	MA2 Training for Foster Parents on Child-Adolescent Trauma	
	MA3 Principles for Good Governance	
	MA4 Using the Youth Engagement Model to Promote Peaceful Schools and Communities	
	MA5 An Innovative Model of Care: The Psychosocial Adjustment and Help-seeking Behaviour of Children/Youth Accessing a Walk-in Service	
	MA6 Introduction to Clinically Managed Access Visits: A Road Map, Vehicle and Tool Box to Child-focused Visitation	
	MA7 Schools and Mental Health Agencies Working Together to Improve Opportunities for Youth	
	MA8 Evidence-based Training Model for Investigative Interviews with Children: Research Results	
	MA9 Partnerships for Positive Outcomes: Supporting Young Mothers in Care	
	MA10 Walking the Partnership Talk: A Collaborative Community Intervention - Engaging Marginalized Youth in Underserved Communities	
	MA11 Overcoming Challenges in Providing Evidence-based Interventions to Isolated Communities	
	MA12 Doing Whatever it Takes: Building Responsive Service Systems for Children and Youth in Complex Service Situations	
	MA13 Youth Policy Advisory and Advocacy Group (YPAAG) - Provincial Advocacy	
	MA14 Self Protection for Today's Changing World	Youth Only Session
	MA15 Youth Engagement: A Model of Power With Versus Power Over	
12:00 PM - 1:00 PM	Luncheon	
12:00 PM - 5:00 PM	Trade Show	



2008 JOINT CONFERENCE



PROGRAM AT A GLANCE

Legend: Youth Program

Monday, June 2

1:00 PM - 2:00 PM

Plenary Presentation

Teamwork When Working with Children Who are Prescribed Psychotropic Medications
Stanley Kutcher, MD, FRCPC

1:00 PM - 2:00 PM

Concurrent Afternoon Sessions

MP1	Kondoms n' Karaoke	Youth Only Session
MP2	Together in Rhythm: Group Drumming Workshop	Youth Only Session
MP3	Me, Myself and I	Youth Only Session

1:00 PM - 4:00 PM

MP4

safeTALK: Suicide Alertness for Everyone

2:15 PM - 3:45 PM

Concurrent Afternoon Sessions

MP5	Partnership Frameworks in Children's Mental Health Services	
MP6	Partnership Between CAS, CMH and Wraparound	
MP7	Negotiating Power and Authority Issues Within the Context of Child Welfare Supervision	
MP8	Vibrant Action: Looking into Depression in Today's Young Women	
MP9	The Helpfulness of Holistic Arts-based Group Work for Developing Self-esteem in Children and Youth Living in Foster Care: Connecting Research and Practice	
MP10	Cultural Attachment Theory - A Restorative Approach	
MP11	Youth Mental Health and Addiction Needs: One Community's Answer	
MP12	Field-led Research - The Partnerships, the Method, the Challenges, the Outcomes: CAS-Toronto's Survey on Access	
MP13	Common Ground - Youth Engagement Model for Youth in Conflict with the Law	
MP14	From Research to Practice: The Development of a Child Welfare Best Practices Knowledge Translation Website	
MP15	Adolescent Services Program: A Success in Partnering	
MP16	Beating the Streets: Youth Homelessness and Mental Illness	
MP17	Financial Planning - Insider Tips from a Successful Youth in Care	Youth Only Session
MP18	Creating Projects for Change	

3:45 PM - 4:15 PM

Registration for OACAS Annual General Meeting

4:15 PM - 5:30 PM

OACAS Annual General Meeting

5:30 PM - 6:00 PM

Youth Award Recipient Reception

5:30 PM - 7:00 PM

Youth Dinner

6:30 PM - 9:30 PM

OACAS Annual Awards Dinner

9:30 PM - 12:30 AM

Youth Dance



2008 JOINT CONFERENCE



PROGRAM AT A GLANCE

Legend: Youth Program

Tuesday, June 3

7:00 AM - 3:00 PM	Registration	
7:30 AM - 8:00 AM	Continental Breakfast	
8:00 AM - 8:15 AM	Welcome Back Remarks	
8:00 AM - 5:00 PM	Poster Displays	
8:15 AM - 9:15 AM	Plenary Presentation <i>Frances Lankin, United Way Toronto</i>	
8:30 AM - 9:30 AM	Youth Continental Breakfast	
7:30 AM - 4:30 PM	Trade Show	
9:30 AM - 11:00 AM	Concurrent Morning Sessions	
	TA1 L'initiative AIDES : L'exemple d'une démarche de partenariat structurée autour de jeunes enfants vulnérables et leur famille (Session will be presented in French)	
	TA2 Innovative Partnership: A Collaboration Project Helping Children and Youth in Algoma	
	TA3 Developing Leaders at All Levels of the Organization	
	TA4 Peer Mediation and Restorative Practices: A Two-tiered Approach	
	TA5 Asset-building and the Ontario Looking After Children Project: Promoting Resilient Outcomes in Children and Youth in the Child Welfare System	
	TA6 Family Intervention and Support Program - A Joint Response Model for Children's Aid Societies and Children's Mental Health Providers	
	TA7 Creating a System of Mental Health Care for Youth and Families	
	TA8 Research Partnerships in Action: Evaluating How to Change CAS Culture to Achieve Improved Outcomes - Kinship Care Study	
	TA9 COMPASS - Creating a Culture of Shared Responsibility	
	TA10 Therapeutic Access: From Supervising Access to Building Parent-Child Relationships	
	TA11 "Communities That Care" - Innovation in Prevention Planning in Eastern Ontario	
	TA12 SNAPT Girls Connection: Working with Aggressive Girls - Objectives and Findings	
	TA13 Myth Busters: Breaking Down Stigma to Prevent HIV	Youth Only Session
	TA14 Youth Within the Organization	
	TA15 mindyourmind.ca	Youth Only Session
9:30 AM - 4:30 PM	TA16 Learnings to Date: How a Native Prevention Agency is Moving Towards Designation as an Aboriginal Children's Aid Society	
11:15 AM - 12:15 PM	Plenary Presentation Delivering Mental Health Care to Aboriginal Peoples: The Experience of Six Nations Mental Health Services <i>Cornelia Wieman, MD, FRCPC</i>	
12:15 PM - 1:00 PM	Luncheon	



PROGRAM AT A GLANCE

Legend: Youth Program

Tuesday, June 3

1:00 PM - 1:45 PM	Plenary Presentation Youth Panel - The New Mentality Youth Leaders	
1:45 PM - 2:45 PM	Plenary Presentation Reconnecting with the Lives of Our Children: Pathway to New Partnerships <i>Kenneth V. Hardy, PhD</i>	
1:45 PM - 2:45 PM	Concurrent Afternoon Sessions	
	TP1 YouthCAN Presentation	Youth Only Session
	TP2 YouthCAN Open Forum	Youth Only Session
	TP3 Speaking Through Paint	Youth Only Session
2:45 PM - 3:00 PM	Refreshment Break	
3:00 PM - 4:30 PM	Concurrent Afternoon Sessions	
	TP4 Me and My Kids: A Community Approach to Services for Substance-using Parents	
	TP5 YRCCAAS: The Evolving Integration of Many	
	TP6 Dads' Connection - Helping Fathers Positively Connect with Their Children, Their Behaviour, and with Each Other	
	TP7 Ready ... Set ... Engage!	
	TP8 Keeping Fidelity in an Evidence-based Program: A University-Community Agency Research Partnership	
	TP9 When the Treatment Hurts More than the Disease: The Impact and Influence of the Healthy Lifestyles Program for Children and Adolescents with Mental Illness	
	TP10 Learning to Share: Knowledge Exchange Methods to Bridge the Research, Policy and Practice Gap	
	TP11 Risk and Resilience Factors in Youth in Care Who Self Harm: Mining Data, Building Knowledge, Improving Outcomes	
	TP12 Evaluating Partnerships: Lessons from a Community Collaborative	
	TP13 Across the Miles: A Workshop on the Theory, Evidence and Practice of the Intergenerational Trauma Treatment Model (ITTM) at 11 Children's Mental Health Clinics in Ontario	
	TP14 From Co-operation to Co-location: The Experience of Integrating Child Protection Services in a Neighbourhood-based Organization	
	TP15 Le projet de rehaussement des services en santé mentale pour les enfants francophones de l'Ontario (Session will be presented in French)	
	TP16 Meducation	
	TP17 Getting a Job	Youth Only Session
	TP18 YouthCAN Presentation	Youth Only Session
5:30 PM - 7:00 PM	Youth Dinner	
8:00 PM - 9:30 PM	Stars Uncensored Talent Show	



2008 JOINT CONFERENCE



PROGRAM AT A GLANCE

Legend: Youth Program

Wednesday, June 4

7:00 AM - 3:00 PM	Registration
7:00 AM - 8:30 AM	Continental Breakfast
8:00 AM - 9:00 AM	Youth Continental Breakfast
8:15 AM - 9:30 AM <i>Session extended</i>	Plenary Presentation Paediatric Death Review Committee 2008 Annual Report <i>Dr. Bert Lauwers, Karen Bridgman-Acker</i>
9:30 AM - 10:30 AM	Plenary Presentation <i>Terri Segal</i>
10:30 AM - 10:45 AM	Refreshment Break
10:45 AM - 11:45 AM	Plenary Presentation - Youth Feedback
11:45 AM - 12:45 PM	Closing Plenary Presentation Me to We: Living a Healthier Life Through Social Involvement <i>Marc Kielburger</i>
12:45 PM - 1:00 PM	Wrap-up



POSTER DISPLAYS

Monday, June 2

The following posters will be on display on Monday, June 2nd from 8:00 AM to 5:00 PM.

Enhancing Attachment: A Group for Foster and Adoptive Parents

Diane Randall, Susan Minardi-Mantle, ROCK - Reach Out Centre for Kids

Youth in Transition: Moving from "In Care" to Independence

Mary Dean, Sandra Fox, Children's Aid Society of London and Middlesex

Using the Strengths and Difficulties Questionnaire to Aid in the Early Identification of Looked-After Children's Mental Health Needs in Ontario

Robyn A. Marquis, Marie-Pierre Paquet, Robert J. Flynn, University of Ottawa

Learning Through Practice

Michael Mulroney, Christian Hackbusch, Jodi Mathers, Shannon Richardson, Children's Aid Society of Ottawa; Andrea Robertson, Carleton University

Resource Parents and Staff Conference

Paul Smith, LuAnne Million, Huron-Perth Children's Aid Society; Joy Graves, Huron-Perth Foster Parent Association

The Why's and How's of Client Feedback: A Key Pillar of Good Management Practice

Deborah Goodman, Children's Aid Society of Toronto; Brenda Moody, Children's Aid Society of Peel; Kaye Rempel, Children's Aid Society of Waterloo

The Registered Educational Savings Plan (RESP) Project: Design and Recruitment Phase of a Randomized Controlled Trial to Improve Educational Outcomes of Young People in Out-of-Home Care in Ontario

Marie-Pierre Paquet, Robert Flynn, Robyn Marquis, University of Ottawa

Practice and Research Together: Translating Knowledge into Practice

Katharine Dill, Practice and Research Together; Ray Muldoon, Kingston Children's Aid Society; Greg Dulmage, Northumberland Children's Aid Society

Bridging Clinical Work with Research: A Scientist/Practitioner Approach with Children-in-Care

Mark Fraser, Brenda Robinson, Children's Aid Society District of Sudbury and Manitoulin

Prioritized Response Services for Child Welfare Families: Partnership with Cross-sectorial Service Providers for Youth and Families Involved with Child Welfare Agencies

Jeanette Said, Tracy Poole, East Metro Youth Services

Who Would Have Thought? A Surprising Collaboration Designed to Build Better Outcomes for Children Who Have Witnessed Woman Abuse

Rhiannon Aird, Melinda MacLean, Senta Allen, Malene Stewart, Jabel Okyere, Matthew Fullan, Alda Grigaitis, Catholic Children's Aid Society of Hamilton

Exploring Service Utilization Patterns Within a Children's Mental Health Agency: A Pilot Study

Juliana Tobon, Graham Reid, Alan Leschied, The University of Western Ontario; Barrie Evans, Jeff Carter, Madame Vanier Children's Services; Jeff St. Pierre, Shannon Stewart, Child and Parent Resource Institute; Vicky Wolfe, London Health Sciences Centre

The Changing Fathers' Role and Organizational Change

Tim Paquette, Father Involvement Initiative-Ontario Network



POSTER DISPLAYS

Monday, June 2

The following posters will be on display on Monday, June 2nd from 8:00 AM to 5:00 PM.

Running on Empty: Exploring Community and Family-based Alternatives to Group Care
Linda Goodhue, Dr. Deborah Ellison, Windsor Essex Children's Aid Society

Holistic Analytics
C. Vijay Shankar, Meena Singh, Barnes Management Group; Dr. Zhen Mei, Manifold Data Mining

Intensive Clinically Managed Access and Family Reunification Programs
Julie Gowthorpe, Sharlene Weitzman, Paul Robichaud, GROWTH

Effectiveness of Therapeutic Foster Care Program: An Exploratory Study
*Dr. Bertrand Guindon, Ron Piche, Child and Family Centre;
Francis Daigle, Children's Aid Society Sudbury/Manitoulin*

Safety Net Connect
André Clément, Clément & Associates

Factors Affecting Foster Parent Satisfaction - Foster Parents' Views
Christina Winter-Pavlich, Deborah Ellison, Windsor-Essex Children's Aid Society

**From Research to Practice:
Assessing the Impact of a Child Welfare Best Practices Knowledge Translation Website**
Maria Chen, The University of Western Ontario

Residential and Mobile Crisis Programs - Child & Family Services of Timmins & District
Laurent Gilbert, Kim Hebert, Child & Family Services of Timmins & District

Rural Abuse Helpline and Outreach Project
Arijana Tomicic, Huron-Perth CAS

The Treatment Foster Care Program - Developing Innovative Partnerships
Heather Keegan, Lindsay Horvath, Lynwood Hall Child and Family Centre

Out and Proud Resource Manual: Effectively Serving Lesbian, Gay, Bisexual, Transsexual, Transgender, Two-spirit, Intersex and Gender Non-conforming Children and Youth
Lorraine Gale, Children's Aid Society of Toronto

The Conceptual Development of Mental Health and Illness in Preschool Children
Rosanna Bell, Ryerson University

Diagnosing FASD in Peel Region: A Virtual, Cross-disciplinary, Cross-sectoral Approach
*Anne Fenwick, Peel Health; Craig Spencer, Peel Children's Aid; Linda Berkowitz, Peel Children's Centre;
Lorna Montgomery, Peel Infant Development*

The Relationship Between Foster Parent Training and Outcomes for Children in Out-of-Home Care
Jordanna Nash, Robert Flynn, University of Ottawa, and Centre for Research on Educational and Community Services



2008 JOINT CONFERENCE



PROGRAM

Legend: Youth Program

Sunday, June 1

2:00 PM Registration

7:30 PM - 9:00 PM **Youth Only Session**
Synergy Kick-off

Come meet all the young people from across Ontario who are going to be at this conference! You can also meet your team leaders - people who will be available during the conference to answer questions, help you find things and help you make the most out of this conference experience. This session will be fun, interactive and open to all youth delegates and their CAS chaperones and/or New Mentality Adult Allies.

Monday, June 2

7:00 AM - 5:00 PM Registration

8:00 AM - 8:30 AM Continental Breakfast

8:00 AM - 5:00 PM Poster Displays

8:30 AM - 9:00 AM Conference Opening

Message from the Honourable Deb Matthews, Minister of Children and Youth Services

9:00 AM - 10:00 AM Opening Plenary Presentation
Josh Shipp



Abandoned, neglected, and abused as a child, Josh Shipp's personal story of triumph over tragedy inspires youth to overcome life's struggles and live life to the fullest. Josh didn't take the easy route, but instead chose a path of hard work and determination. Josh could have moved on and forgotten painful memories but he uses them to benefit others. "I've found that sometimes the very thing that has hurt you the most is the very thing you can use to help others," says Shipp. He attributes his personal growth to the encouragement of a great foster home, dynamic teachers, and school programs. He developed an unstoppable positive attitude and knows how to charge forward, no matter what!

10:15 AM - 11:45 AM Concurrent Morning Sessions

MA1

Change from the Inside OUT: Organizational Change Toward Inclusive Services for Lesbian, Gay, Bisexual, Transsexual, Transgendered, Gender Non-conforming, Queer and Questioning Children, Youth and Families
Sharron Richards, Lorraine Gale, Children's Aid Society of Toronto

Children's service organizations are challenged to ensure their services are safe, inclusive, accessible and affirming for lesbian, gay, bisexual, transsexual, transgendered, gender non-conforming, queer and questioning (LGBTQ) children, youth and families. This workshop will offer practical tools for agencies to develop a comprehensive, organizational change strategy toward achieving this goal.



PROGRAM

Legend: Youth Program

Monday, June 2

10:15 AM - 11:45 AM

Concurrent Morning Sessions (continued)

MA2

Training for Foster Parents on Child-Adolescent Trauma

Margarita Rabinovich, Child and Adolescent Services - Hamilton; Sandra Chan, Teresa Wilkinson, Children's Aid Society of Hamilton; Mary Walford, Foster Parent

A successful root-based partnership between Child and Adolescent Services, a CMHO agency, and C/CAS offers an innovative training program for foster parents and frontline workers in Hamilton. This endeavour has reached 75 people since 2006. Representatives from both organizations will present on this topic.

MA3

Principles for Good Governance

Fay Booker, Booker & Associates

Attention Board members - this is a chance to attend an informative learning opportunity facilitated by a governance expert. This workshop on governance has been designed with a deep understanding of governance in the not-for-profit sector. The workshop will focus on "The Booker Twelve" Principles of Good Governance. If Boards can get these twelve principles right, then they should be models of good governance. You will learn practical information that you can take with you and put into practice immediately.

MA4

Using the Youth Engagement Model to Promote Peaceful Schools and Communities

Michelle Moran, Saleem Haniff, East Metro Youth Services; Youth Presenter, Cedarbrae Collegiate; Youth Presenter, David and Mary Thomson Collegiate

Participants will gain an understanding of the youth engagement model, how to engage "at-risk" youth and the RISE (Respect In Schools Everywhere) model which has supported youth to become leaders of peace. The workshop will outline essential components for successful engagement and review emergent research linking engagement to promote violence prevention.

MA5

An Innovative Model of Care: The Psychosocial Adjustment and Help-seeking Behaviour of Children/Youth Accessing a Walk-in Service

Diana Urajnik, The Hospital for Sick Children; Linda Sumner, Sharna Cohen, Yorktown Child and Family Centre

This workshop will describe a community-based research initiative aimed at the evaluation of a walk-in model of care for children with psychosocial problems. The mental health outcomes and help-seeking behaviour of clients who access walk-in services will be examined. The results to-date for this initiative, including "lessons learned" will be highlighted.

MA6

Introduction to Clinically Managed Access Visits: A Road Map, Vehicle and Tool Box to Child-focused Visitation

Brenda Robinson, Arlene Guenette, Mark Fraser, Children's Aid Society District of Sudbury and Manitoulin

The Clinically-Managed Access Program blends cognitive-behavioral approaches, strength-based assessment tools, and adult education principles into one methodology that is child-focused and allows for more meaningful and productive access visits. Participants will be introduced to the program's components and approaches, which can then be incorporated into their own practice.



PROGRAM

Legend: Youth Program

Monday, June 2

10:15 AM - 11:45 AM

Concurrent Morning Sessions (continued)

- MA7** **Schools and Mental Health Agencies Working Together to Improve Opportunities for Youth**
*Josee Belanger, Rada Deletic, Child and Family Services of Timmins and District;
Nicole Gaudet, Conseil scolaire catholique des grandes rivieres; Dr. Robert Flynn, Laura Armstrong,
University of Ottawa*

In this workshop you will learn how four school boards and three child and family services agencies created a successful partnership to identify the needs and risk factors of youth in a north eastern context as well as how to successfully implement the evidence-based program LIONS QUEST at the grade 7 level.

- MA8** **Evidence-based Training Model for Investigative Interviews with Children: Research Results**
Carmela Savoia, Gavin Fletcher, Alain Corriveau, Children's Aid Society of Ottawa

This workshop will discuss research outcomes of an evidence-based training model for clinically interviewing children who have experienced traumatic events. The research outcomes demonstrate statistically significant improvement in the quality of interviewing children when conducted by professionals trained in this model. Those in attendance will receive handouts outlining interview protocol, training outline and relevant literature.

- MA9** **Partnerships for Positive Outcomes: Supporting Young Mothers in Care**
April Mazzuca, Beth Markle, Dr. Deborah Goodman, Children's Aid Society of Toronto

The presentation will examine the role of agency-led, field-based research on improving outcomes for youth-in-care. In addition, facilitators will highlight strategies for involving stakeholders, such as front-line workers and service users to better inform practice. Findings from young mothers in care research project and approaches to disseminate knowledge to impact service will also be discussed.

- MA10** **Walking the Partnership Talk: A Collaborative Community Intervention - Engaging Marginalized Youth in Underserved Communities**
Leigh Moore, Likwa Nkala, East Metro Youth Services; Pauline Hockenstein, Neighbourhood Link Support Services; Honey Rosenbaum, YOUTHLINK

This workshop will examine a unique cross-sectoral, multi-agency partnership model that was developed to engage marginalized youth in East Toronto's underserved 'priority' neighbourhoods. Successes and challenges of working within such a partnership, and initial research findings on the impact of this program on individual, organizational, community and policy levels will be examined.

- MA11** **Overcoming Challenges in Providing Evidence-based Interventions to Isolated Communities**
Arnold Devlin, Dr. D. Marr, C. McPhee, Regional Children's Psychiatric Centre NEMHC

This session will present interventions at the Regional Children's Psychiatric Centre that evolved over the last 40 years in response to challenges of serving isolated communities. Family admissions to residential care and use of videoconferencing to complete conjoint evidence-based assessment and treatments will illustrate evolving adaptations. Positive outcomes and barriers will be reviewed.



2008 JOINT CONFERENCE



PROGRAM

Legend: Youth Program

Monday, June 2

10:15 AM - 11:45 AM

Concurrent Morning Sessions (continued)

- MA12** **Doing Whatever it Takes:
Building Responsive Service Systems for Children and Youth in Complex Service Situations**
Lydia Sai-Chew, Barbara Hanssmann, Griffin Centre; Myra Levy, Rob Witton, East Metro Youth Services

The WIT program assists the local community of service providers to address the needs of children and youth in complex service situations by facilitating a collaborative community approach. You will learn strategies to address the barriers to forming effective working partnerships and how to provide clinically oriented case management.

- MA13** **Youth Policy Advisory and Advocacy Group (YPAAG) - Provincial Advocacy**
Youth Policy Advisory and Advocacy Group, Ontario Association of Children's Aid Societies

Wanna learn to be a youth advocate? YPAAGers share their experiences about being consulted by organizations/professionals/policy makers interested in improving the successful outcomes of youth in care in Ontario. They will discuss the ethical engagement of youth in care and governmental relations from a youth's perspective. They can answer youth's questions.

Youth Only Session

- MA14** **Self Protection for Today's Changing World**
Chad Barry, Bojuka Canada

In today's ever changing global climate, personal safety is becoming increasingly important. Protect yourself through increased awareness and avoidance strategies and de-escalation tactics. Learn what to do when these options fail by applying simple self defense techniques that work under a variety of different assault scenarios. Preparedness is paramount.

- MA15** **Youth Engagement: A Model of Power With Versus Power Over**
Raphaelle Ferland, Brittany Mandel, Krista Driscoll, Crystal Comeau, Dominique Lamarche, Marie Josee Cleroux, Susan Pigeons, Youth Services Bureau of Ottawa

The Education and Advocacy Youth Advisory will demonstrate a powerful way to engage youth, keep them involved, support their voices at the table and develop partnerships with adults at every level of the organization and beyond. This workshop will centre on youth engagement where a model of power with versus power over will be demonstrated and the amazing impacts it can have on both youth and adults alike.

12:00 PM - 1:00 PM

Luncheon

12:00 PM - 5:00 PM

Trade Show



PROGRAM

Legend: Youth Program

Monday, June 2

1:00 PM - 2:00 PM



Plenary Presentation

Teamwork When Working with Children Who are Prescribed Psychotropic Medications
Stanley Kutcher, MD, FRCPC, Sun Life Financial Chair in Adolescent Mental Health

Psychopharmacologic treatments in children and youth are complex and require knowledge and active participation from patients, providers, caregivers, and others to optimize outcomes. This presentation will provide an evidence-based overview of how therapeutic partnerships could be utilized to enhance psychopharmacologic treatment for young people.

1:00 PM - 2:00 PM

Concurrent Afternoon Sessions

MP1

Youth Only Session

Kondoms n' Karaoke

Sophia Kelly, Kyle MacRae, Torin Sallow, Nadine Lamoureux, Alexander Kennedy, Ariel Slootsky, Isaac Butler, Tania Delangis, Youth Services Bureau of Ottawa

Song, dance, safer sex education, candy, t-shirts, GLBTTQ issues, skits, discussions, and more song! Who could ask for more? In Kondoms n' Karaoke, Rainbow edition, you'll be participating in a high-energy workshop about safer sex, harm reduction, safer space, and GLBTTQ issues! And, of course, we'll have karaoke. All we ask you to bring is an open mind, your experiences, and your voices!

MP2

Youth Only Session

Together in Rhythm: Group Drumming Workshop

Terri Segal, Rhythmic by Nature

In this interactive workshop, you will learn basic hand drumming techniques, African rhythms, songs, and engage in high-energy rhythm games through movement, voice, and music-making. No previous musical background is necessary to participate, and all instruments are provided. Group drumming celebrates diversity, is an empowering experience, and is rooted in community, self-expression, and play.

MP3

Youth Only Session

Me, Myself and I

Nancy Pereira, The New Mentality

The first step to making a difference is by understanding and getting to know yourself. This interactive workshop will guide you through a series of activities that are designed to promote self-awareness, and empower you to become self-advocates. Youth, this session is all about you, so come out, have fun, and be the teacher in your own learning.



PROGRAM

Legend: Youth Program

Monday, June 2

1:00 PM - 4:00 PM

Concurrent Afternoon Sessions

MP4 **safeTALK: Suicide Alertness for Everyone**
Wallis Balog, Wallis Balog and Associates

In this interactive workshop, participants will develop greater awareness of the problem of suicide, learn to recognize the signs that a person may have thoughts of suicide, learn how to overcome societal and personal barriers to helping, and learn the T.A.L.K. steps to reduce imminent risk of suicide. Learning will occur through group participation, videotape simulations, and practice.

2:15 PM - 3:45 PM

MP5 **Partnership Frameworks in Children's Mental Health Services**
John Colangeli, Walter Mittelstaedt, Lutherwood

The workshop will review two conceptual frameworks that Lutherwood has drawn on to guide decision-making and evaluate the status and effectiveness of organizational collaboration. Examples will be presented of how the frameworks can be used. The workshop will include a hands-on opportunity for participants to evaluate current partnerships.

MP6 **Partnership Between CAS, CMH and Wraparound**
Kathy Simpson, Kinark Child and Family Services; Lesley Watts Robinson, Catulpa Wraparound; Susan Carmichael, Children's Aid Society, Simcoe/York CTN

This workshop will describe an innovative partnership between CAS and CMH agency building on a number of cross sector initiatives developed through the Simcoe County Coalition. These cross sector initiatives include Wraparound facilitation through Linking Child Welfare, Simcoe/York Children's Treatment Network Single Plan of Care technology and Simcoe Kinark's Residential Response Pilot Project.

MP7 **Negotiating Power and Authority Issues Within the Context of Child Welfare Supervision**
Katharine Dill, Marion Bogo, University of Toronto

This presentation will highlight the emerging findings from focus groups held with child welfare supervisors on the relationship and negotiation of power and authority issues within the context of the supervisory relationship.

MP8 **Vibrant Action: Looking into Depression in Today's Young Women**
Mary Quartarone, Cathy Thompson, CAMH

Participants will be introduced to "Hear Me, Understand Me, Support Me", an online resource guide developed by young women about their experiences with depression. Participants will learn how to apply the tools contained in the guide through activity and discussion. Girls Talk, a psycho-educational program will also be presented.

MP9 **The Helpfulness of Holistic Arts-based Group Work for Developing Self-esteem in Children and Youth Living in Foster Care: Connecting Research and Practice**
Diana Coholic, Laurentian University; Brenda Robinson, Children's Aid Society of the Districts of Sudbury and Manitoulin

Our collaborative research is studying the helpfulness of holistic arts-based group work for developing self-esteem in children-in-care. The group program is akin to a small personal growth group but is unique in its holistic approach that utilizes creative-arts methods such as painting, drawing, making collage, and mindfulness-based practices.



PROGRAM

Legend: Youth Program

Monday, June 2

2:15 PM - 3:45 PM

Concurrent Afternoon Sessions (continued)

MP10 **Cultural Attachment Theory - A Restorative Approach**
Estelle Simard, Weechi-it-te-win Family Services

Cultural attachment theory (CA) will be identified as a conceptual framework that will lay the foundation for the re-building of a Nation of people. As practitioners promoting culturally restorative child welfare practices, we in fact help the development of natural and anchored cultural resiliencies for generations to come.

MP11 **Youth Mental Health and Addiction Needs: One Community's Answer**
Deborah Ellison, Terry Johnson, Windsor-Essex Children's Aid Society

This workshop will describe a unique partnership established between the Children's Aid Society and three local community mental health and addiction treatment service providers. Outcomes for youth and families who participated in the program will be discussed as well as implications and future directions for the program.

MP12 **Field-led Research - The Partnerships, the Method, the Challenges, the Outcomes: CAS-Toronto's Survey on Access**
Dr. Deborah Goodman, Corrie Tuyl, Joanne Filippelli, Tracy Pickett, Children's Aid Society of Toronto

The presentation will explore the key role and potential of field driven, collaborative research in the advancement of knowledge in the child welfare field. Strategies to facilitate field-based research will also be explored. Highlights of the process, results and impact of the CAS-Toronto's seminal survey on Access, will be discussed.

MP13 **Common Ground - Youth Engagement Model for Youth in Conflict with the Law**
Denise McKinlay, Josh Peterson, Jamie Kirby, St. Clair Child & Youth Services

Imagine ... high-risk teens in conflict with the law mandated to attend counselling, becoming creative, eagerly learning new interpersonal skills and making positive contributions in the community. This workshop will provide you with a successful group model using youth engagement strategies that have made this dream a reality.

MP14 **From Research to Practice: The Development of a Child Welfare Best Practices Knowledge Translation Website**
Chris Wekerle, Eman Leung, Randall Waechter, University of Western Ontario; Brenda Moody, Peel Children's Aid Society; Deb Goodman, Children's Aid Society of Toronto; Bruce Leslie, Catholic Children's Aid Society of Toronto; Harriet MacMillan, Nico Trocme, McMaster University

The objective of this workshop will be to introduce a Child Welfare Knowledge Translation (KT) website that has recently been developed as part of the Maltreatment and Adolescent Pathways (MAP) Project. The MAP KT website is designed to provide OACAS members with direct streamlined access to research-based best practice information.



2008 JOINT CONFERENCE



PROGRAM

Legend: Youth Program

Monday, June 2

2:15 PM - 3:45 PM

Concurrent Afternoon Sessions (continued)

MP15

Adolescent Services Program: A Success in Partnering

Dorrie Mosel, Cornwall Community Hospital: Child and Youth Counseling Services; Mark Boisvenue, Robert Ladouceur CYCW; Leigh Couture, Children's Aid Society of Stormont, Dundas & Glengarry

The Adolescent Services Program involves staff and supervisors from two agencies to provide mental health and child protection services to families in crisis due to parent-teen conflict. The presentation will include program framework and analysis, clinical and behavioural issues, parenting strategies, hands-on experiential, and review of successes and struggles.

MP16

Beating the Streets: Youth Homelessness and Mental Illness

Krista Driscoll, Isaac Butler, Tania Delangis, Raphaelle Ferland, Danielle Ouimette, Youth Services Bureau of Ottawa

This interactive workshop will speak about mental illness in relation to homelessness; its stigmas and stereotypes, and the types of services available that work with street-involved youth. This engaging workshop and discussion put on by the Downtown Youth Advisory Committee of the Youth Services Bureau of Ottawa will confront the issues involved in an unguarded and relevant manner, drawing on both personal experience and research and will demonstrate a model of engaging youth that can be both powerful and have dramatic impact on youth lives.

Youth Only Session

MP17

Financial Planning - Insider Tips from a Successful Youth in Care

Liang Ma, CIBC

Financial planning is one of the biggest challenges faced by youth in care and youth out of care. Take some tips from a former youth in care who has planned his path and is now a successful bank manager! Liang Ma will provide tips on how to set up a budget while on ECM, how credit ratings work (and how to protect yours), and ideas about affordable housing.

MP18

Creating Projects for Change

Lee Martin, Tatiana Lawson, Lindsay Johnson, Montana Goldrup, Katie Robinson, Pauline Fogarty, The New Mentality

When it comes to issues that pertain to youth, those who are most knowledgeable are youth themselves. Members of The New Mentality invite you to come and learn about some of the youth-led community-based projects that have been delivered within various communities throughout the province. Join them as they take you through their journey of transforming their ideas into action.

3:45 PM - 4:15 PM

Registration for OACAS Annual General Meeting

4:15 PM - 5:30 PM

OACAS Annual General Meeting

5:30 PM - 6:00 PM

Youth Award Recipient Reception

5:30 PM - 7:00 PM

Youth Dinner

6:30 PM - 9:30 PM

OACAS Annual Awards Dinner

9:30 PM - 12:30 AM

Youth Dance



POSTER DISPLAYS

Tuesday, June 3

The following posters will be on display on Tuesday, June 3rd from 8:00 AM to 5:00 PM.

« Une communauté ensemble » -

L'innovation en prévention dans l'est ontarien

Céline Lanteigne, Karen Gilmore-Thomson, Jennifer Mitchell-Paquette, Michèle Picard, Service aux enfants et adultes de Prescott-Russell; Michèle La Roche, Université d'Ottawa

Speaking with Facts:

Why the Public is Reluctant to Report Child Maltreatment

Melanie Persaud, Deborah Goodman, Children's Aid Society of Toronto

The Sleeping Tiger: Best Practices in the Diagnosis and Treatment of Sleep Disorders in High Risk Children and Adolescents: A Framework for Facilitating Linkages for Associated Disorders

Dr. Robyn Stephens, Pauline Williams, Youthdale Treatment Centres

Children and Youth in Adult Mental Health Beds: Comparisons of Risk Indicators, Intrusive Measures and Resource Allocation

Shannon Stewart, Melissa Currie, Erin O'Keefe, Child and Parent Resource Institute; John Hirdes, University of Waterloo

The Clinical Chameleons: Concurrent Neurodevelopmental Disorders in Children and Youth in Crisis - Implications for Diagnosis, Crisis Intervention and Long-term Treatment

Dr. Robyn Stephens, Gail Smith, Youthdale Treatment Centres

Understanding Resilience in Aboriginal Children and Adolescents in Out-of-Home

Katharine Filbert, Robert Flynn, University of Ottawa, and Centre for Research on Educational and Community Services

Dare to Dream

Stuart Buist, Provincial Centre of Excellence for Child and Youth Mental Health

Lessons from Abroad: User Experiences and Opinions of LAC and BBIC in Sweden, Canada, and Australia

Dr. Evelyn Khoo, Umea University

The Huron-Perth Integrated Children's Psychological Services Review Team

Arijana Tomcic, Huron-Perth Children's Aid Society; Marie Parsons, Avon-Maitland District School Board; Terri Sparling, Huron-Perth Centre for Children and Youth

Leadership: Often Mentioned, Seldom Discussed

Phyllis Lovell, Grey Children's Aid Society; David Rivard, Children's Aid Society Sudbury-Manitoulin; Andrew Koster, Brant Children's Aid Society; Allan Moyle, Ontario Association of Children's Aid Societies

Strengthening Families for the Future

Jane Fjeld, Mark Erdelyan, Centre for Addiction & Mental Health

Evidence-based Treatment for Pediatric Bipolar Disorder: Evaluation of Cognitive-Behavioral Therapy in a Real World Setting

Shannon Stewart, Gani Braimoh, Kelley Johnston, Erin O'Keefe, Christine Cullion, Melissa Currie, Child and Parent Resource Institute

Community Corner -

A Collaborative Resource Centre for Children and Families

Meghan Boston, Algoma University College; Teri Thomas-Vanos, Children's Aid Society of Algoma

C.A.R.E.: A Behavioural and Program Planning Screening Tool for Child Care Programs

Bill Helmeczi, Fred Steinhaus, Niagara Child and Youth Services; Janice Horner, Niagara Region



PROGRAM

Legend: Youth Program

Tuesday, June 3

7:00 AM - 3:00 PM

Registration

7:30 AM - 8:00 AM

Continental Breakfast

8:00 AM - 8:15 AM

Welcome Back Remarks

8:00 AM - 5:00 PM

Poster Displays

8:15 AM - 9:15 AM

Plenary Presentation

Frances Lankin, United Way Toronto



"Partnerships" - it is a concept that has gone from meaningful goal - to buzzword - to cliché in less than a decade. Lots of less than successful attempts have left many wondering if they are worth the effort.

Frances Lankin argues that partnerships are not a choice point about how we do our work but rather, the only way we can really get our work done. The children and youth serving sector, plagued by fragmented planning and funding, must find a way to build common outcome goals, Lankin says, or continue to see kids fall between the cracks.

8:30 AM - 9:30 AM

Youth Continental Breakfast

7:30 AM - 4:30 PM

Trade Show

9:30 AM - 11:00 AM

Concurrent Morning Sessions

Session will be presented in French

TA1

L'initiative AIDES : L'exemple d'une démarche de partenariat structurée autour de jeunes enfants vulnérables et leur famille

*Claire Chamberland, Danielle Lessard, Université de Montréal;
Carl Lacharité, Université du Québec à Trois-Rivières*

L'initiative AIDES propose une démarche d'intervention afin de soutenir et favoriser le partenariat entre l'ensemble des réseaux qui ouvre auprès de jeunes enfants exposés à de multiples facteurs de risque. Les enjeux, les défis ainsi que l'opérationnalisation de la démarche seront présentés à l'aide d'une histoire de cas.

TA2

Innovative Partnership: A Collaboration Project Helping Children and Youth in Algoma

Rozanne Hayward, Algoma Family Services; Lori Mirabelli, Tracy St. Onge, Children's Aid Society of Algoma

The workshop will provide conference participants with information, tools and processes regarding the development of a multi-disciplinary team, sponsored by a community partnership of local agencies, that provides comprehensive mental health services and discharge recommendations for children and youth, aged 6 - 17, in the child welfare system.



PROGRAM

Legend: Youth Program

Tuesday, June 3

9:30 AM - 11:00 AM

Concurrent Morning Sessions (continued)

TA3 **Developing Leaders at All Levels of the Organization**
Joel Borgida, David Barnes, Barnes Management Group

Developing leaders within the Child Welfare and Children's Mental Health sectors can be leveraged to achieve positive outcomes. Concern for the succession of our agencies, the quality of services we deliver and the individual careers of those with whom we work requires us to take an active role in the development of leadership skills within our organizations.

TA4 **Peer Mediation and Restorative Practices: A Two-tiered Approach**
*Jeffery Thornborrow, Algonquin Child and Family Services;
Secondary Student (TBA), Near North District School Board*

Both restorative justice and peer mediation are proven best practices in working with youth in conflict with the law, school policy, or each other. We have combined these two innovative techniques to develop an inclusive program that engages youth to create a sense of inclusion and community within their schools.

TA5 **Asset-building and the Ontario Looking After Children Project:
Promoting Resilient Outcomes in Children and Youth in the Child Welfare System**
Cynthia Vincent, Shaye Moffat, Robert Flynn, Centre for Research on Educational and Community Services

The relationship between asset-building and resilient outcomes in young people was explored. The study hypothesized that a positive relationship exists between the number of assets reported and better outcomes for children and youth. Theoretical and practical implications of the research findings for practice will be discussed.

TA6 **Family Intervention and Support Program -
A Joint Response Model for Children's Aid Societies and Children's Mental Health Providers**
Linda Dugas, Child and Family Centre; Michelle Glover, Children's Aid Society, Sudbury/Manitoulin

Family Intervention and Support Program - a collaborative approach highlighting community partnerships aligned with the Child Welfare Transformation. This presentation will focus on a tandem response to at risk children and families who would benefit from joint protection and mental health services, including participants in reviewing and interpreting evaluative data.

TA7 **Creating a System of Mental Health Care for Youth and Families**
Pat Davenport, FAST National Training & Evaluation Center

This workshop will focus on how a model program can create a system of care for youth by bringing parents, schools, and community agencies together to create a supportive and nurturing environment. Participants will learn how parent and community involvement can enhance school-based efforts to improve mental health.



PROGRAM

Legend: Youth Program

Tuesday, June 3

9:30 AM - 11:00 AM

Concurrent Morning Sessions (continued)

- TA8** **Research Partnerships in Action:
Evaluating How to Change CAS Culture to Achieve Improved Outcomes - Kinship Care Study**
*Dr. Deborah Goodman, Kathy Murphy, April Mazzuca, Children's Aid Society of Toronto;
Lori Roblin, Durham Children's Aid Society*

The evaluation and impact of various approaches to changing worker attitudes and referral behaviours in relation to kinship care will be discussed. The presentation will also highlight key strategies in developing field-driven research and collaborative partnerships.

- TA9** **COMPASS - Creating a Culture of Shared Responsibility**
*Michelle Cassidy, Shilagh Ostrosser, COMPASS; Sylvia Pivko, Blue Hills Child and Family Centre;
Robert Dunn, Beate Planche, York Region District School Board;
Rick Miraglia, York Catholic District School Board*

COMPASS, a mechanism for systems change, aims to create a culture of shared responsibility amongst its partnering schools, mental health and community agencies in York Region. Community planning tables and mental health/education teams contribute to the vision. Initial evaluation results, lessons learned and strategies to build collaborative partnerships will be discussed.

- TA10** **Therapeutic Access: From Supervising Access to Building Parent-Child Relationships**
Mary Rella, INTERFACE Program, Thistletown Regional Centre for Children & Youth, Ministry of Children & Youth Services; Katherine Duncan, Shannon Deacon, Children's Aid Society of Toronto

Therapeutic access is an innovative intervention program that trains child welfare workers to change their role in relation to supervised access. This presentation will describe this collaboration between Children's Mental Health and Child Welfare in addressing the complex needs of children and families in child protection.

- TA11** **"Communities That Care" - Innovation in Prevention Planning in Eastern Ontario**
*Céline Lanteigne, Karen Gilmore-Thomson, Jennifer Mitchell-Paquette, Michèle Picard,
SEAPR - Communities That Care; Michèle La Roche, University of Ottawa*

"Communities That Care" is a research supported, community-based prevention planning programme. It aims to reduce specific problem behaviours by engaging the community in promoting positive development of our youth. Through a process of reduction of risk and strengthening of protective factors throughout young people's lives, we can prevent problem behaviours from developing.

- TA12** **SNAPT Girls Connection: Working with Aggressive Girls - Objectives and Findings**
Erin Rajca, Margaret Walsh, Child Development Institute

The workshop will offer an overview of the SNAPT Girls Connection program, a unique gender specific intervention for girls under 12 with anti-social behaviours. It will highlight how research findings across time inform program development and efforts to work effectively with families who have had child welfare contact.



PROGRAM

Legend: Youth Program

Tuesday, June 3

9:30 AM - 11:00 AM

Concurrent Morning Sessions (continued)

- TA13** **Youth Only Session**
Myth Busters: Breaking Down Stigma to Prevent HIV
Janna, Roopa, Kaylin, Dannielle, Max, Krista, Chrystal, Harm Reduction Youth Advisory Committee, Youth Services Bureau of Ottawa

We will kick off our session with an interactive ice breaker followed by some myth busting balloons to burst some popular stigmas and stereotypes about addictions. With questions such as, "What is addiction?" and through testimonials, an empowering video and HIV and Hepatitis C information and prevention tips, this presentation will show that supporting people with addictions will reduce the spread of HIV.

- TA14** **Youth Within the Organization**
Candice Norman, Jen Solomon, Michelle Solomon, Tanya Rumble, Andrei Biltan, The New Mentality

Come and hear what youth have to say! In this workshop participants will learn about tips, techniques, and examples of how youth and adults can work together within an organization. This workshop will be especially useful for child and youth mental health professionals who are wanting to create or strengthen their partnerships with youth.

- TA15** **Youth Only Session**
mindyourmind.ca
Heather Miko-Kelly, Youth volunteer (TBA), mindyourmind.ca

mindyourmind.ca is a mental health website for youth by youth to visit during tough times. The Reach Out Game is one of our tools that we use to reduce stigma around mental health and increase awareness. Alice All Jacked Up will help you make a safety plan for tough times.

9:30 AM - 4:30 PM

- TA16** **Learnings to Date:**
How a Native Prevention Agency is Moving Towards Designation as an Aboriginal Children's Aid Society
Vicky Hardisty, Fred Saganey, Kunuwanimano; Chief Walter Naveau, Mattagami First Nation; Alice Picody, Brunswick House First Nation

Kunuwanimano Child and Family Services is in the process of becoming designated as an Aboriginal Children's Aid Society. An overview of the history and effects of mainstream child welfare practices frames the discussion on the steps involved in the designation process. The development of a bi-cultural model of service will be discussed.

11:15 AM - 12:15 PM

- Plenary Presentation**
**Delivering Mental Health Care to Aboriginal Peoples:
The Experience of Six Nations Mental Health Services**
Cornelia Wieman, MD, FRCPC, University of Toronto



Six Nations Mental Health Services (SNMHS) is a community mental health clinic based on the Six Nations of the Grand River Territory. SNMHS has delivered mental health services to the community since 1997, and in the process, has developed innovative and collaborative ways of working with other health and social service agencies to deliver culturally sensitive care.



PROGRAM

Legend: Youth Program

Tuesday, June 3

12:15 PM - 1:00 PM

Luncheon

1:00 PM - 1:45 PM

Plenary Presentation
Youth Panel - The New Mentality Youth Leaders

The New Mentality Youth Leaders come from Barrie, Burlington, Hamilton, Kingston, Ottawa, Sault Ste. Marie, Thunder Bay and Toronto and range in age from 15 to 25 years-old. Each young person is a passionate advocate of mental health service because either they have received services or their friends/family have. Through The New Mentality project, these youth leaders have worked in partnership with local children's mental health centres and community organizations to promote the practice of youth engagement and to reduce the stigma of mental illness. The New Mentality is a 13-month youth-led pilot project jointly sponsored by Children's Mental Health Ontario and The Provincial Centre of Excellence for Child and Youth Mental Health at CHEO. A core value of the project is that the successful development of an effective child and youth mental health system requires a sustainable youth voice. The New Mentality Youth Leaders will share their insight about the mental health system and unveil Youth Engagement Accreditation Standards that were created through this project.

1:45 PM - 2:45 PM

Plenary Presentation
Reconnecting with the Lives of Our Children: Pathway to New Partnerships
Kenneth V. Hardy, PhD, Professor of Family Therapy, Drexel University



Children are at the centre of many of our most heartwarming and endearing mantras, expressions, and clichés. Expressions such as, "Children are one of our most precious resources" ... or ... "Our children are our future" ... and ... "We love ALL children" are common everyday declarations that convey the sentiment with which so many of us regard children. Yet, not even the presence of these daily reminders is enough to protect an increasing number of children from lives of disconnection, disaffection, or "benign neglect." Unfortunately, "quick fix parenting" resulting in either harsh punishment on the one hand to ultra-permissiveness and over-indulgence on the other hand has eroded the powerful and impenetrable connection that should exist between parents and children.

This address will highlight specific strategies that parents and other concerned adults can use to create stronger bonds and meaningful connections with young people. Alternatives to punishment and over-indulgence will be discussed. Specific attention will be devoted to examining the significant role that human service agencies can play in promoting effective partnerships that reconnect the lives of our children.

1:45 PM - 2:45 PM

Concurrent Afternoon Sessions

TP1 Youth Only Session
YouthCAN Presentation

YouthCAN (Communication, Advocacy and Networking) is a multi-component program for youth in care of Children's Aid Societies across Ontario. Youth leaders within the six zones across the province meet with their CAS peers to develop zone goals, build leadership and teambuilding skills, and do fun activities together. These youth have the opportunity to work on local advocacy issues with peers in a fun, relaxing way.

YouthCAN zone groups will have the opportunity to share their group's accomplishments and present information to those who want to know what new programs and services are happening across the province. What is different from Ottawa CAS and Toronto CAS? Does Fort Frances have different ways of serving youth? All youth and staff are welcome.



PROGRAM

Legend: Youth Program

Tuesday, June 3

1:45 PM - 2:45 PM

Concurrent Afternoon Sessions (continued)

TP2

Youth Only Session YouthCAN Open Forum

Want to learn more about what is going on in different agencies? Want to know which CAS youth group makes newsletters? This workshop is for youth and staff who are interested in learning what types of youth programs are being run in different agencies. Various youth advisory and groups and independence program participants from various Children's Aid Societies will be sharing what their agency does in the way of preparing them for success, and how they are involved.

TP3

Youth Only Session Speaking Through Paint *Bronwyn Louks, The New Mentality*

"When people can't talk about an illness, they can sometimes paint about it."

This workshop will explore how art can be used as a medium to express oneself and deal with mental illness. Participants will engage in a self-reflecting exercise and be guided through a craft session where they will create their own pieces of artistic expression.

2:45 PM - 3:00 PM

Refreshment Break

3:00 PM - 4:30 PM

Concurrent Afternoon Sessions

TP4

Me and My Kids: A Community Approach to Services for Substance-using Parents *Colleen Innes, Sharon Skutovich, Children's Aid Society of London and Middlesex; Pam Hill, Heartspace*

Organizations within the London community have recognized the importance of working together to serve families affected by substance use. This workshop will provide participants with a description of the partnerships that are being created, the work that is being done, practical tips for implementing such partnerships, case examples and research findings.

TP5

YRCCAAS: The Evolving Integration of Many *Paul Allen, Sylvia Kemenoff, Nathan Scharf, Youthdale Treatment Centres; Cathy Carey, Sylvia Pivko, Blue Hills Child and Family Centre; Barb Dydyk, Private Practice; Jocelyn Kadish, Thistleton Regional Centre for Child and Adolescents; Robin Mitchell, Southlake Regional Health Centre*

This session will describe the evolution of an innovative trans-disciplinary assessment-consultation and in-service model, which utilizes diverse clinical experts from different children's mental health agencies, and was designed to respond to the dilemmas of referring York Region child/family sector or child welfare agencies and to enhance their clinical expertise/capacity. This workshop will emphasize the growth of the current model; clinical examples; and program evaluation efforts. Video examples will be used.



PROGRAM

Legend: Youth Program

Tuesday, June 3

3:00 PM - 4:30 PM

Concurrent Afternoon Sessions (continued)

TP6

Dads' Connection - Helping Fathers Positively Connect with Their Children, Their Behaviour, and with Each Other
Liben Gebremikael, Makeda Thomas, Aisling Discoveries Child & Family Centre

The presentation will provide a detailed description and outline of the theoretical framework, implementation and outcome of the Dads' Connection group - a group targeted at fathers who have been involved in domestic violence situations, to help them learn and practice skills that enable them to become better fathers.

This program is a partnership venture between Child Welfare Agencies and Aisling Discoveries Child & Family Centre.

TP7

Ready ... Set ... Engage!
Nancy Pereira, Cathy Dyer, The New Mentality (CMHO & The Centre of Excellence for Child and Youth Mental Health)

The question of "why" engage youth is easily understood in relation to "how." In this workshop, The New Mentality Team will take you through the process that they underwent to create a provincial network of youth. Effective strategies and lessons learned by the team will be discussed in an attempt to assist other professionals in starting their own youth engagement initiatives.

TP8

Keeping Fidelity in an Evidence-based Program: A University-Community Agency Research Partnership
Susan Stern, University of Toronto; Katina Watson, Child Development Institute (currently at YOUTHLINK)

How do we ensure that an evidence-based program remains true to its intended implementation when being delivered in a universal and multicultural community context? This research examines the transportability of The Incredible Years Parenting Program across diverse settings serving parents with a range of cultures, immigration status and socioeconomic levels.

TP9

When the Treatment Hurts More than the Disease: The Impact and Influence of the Healthy Lifestyles Program for Children and Adolescents with Mental Illness
Joanne Bignell, Michelle Polsinelli-Tavares, Daphne Korczak, Johanne Roberge, Hospital for Sick Children

This workshop will provide participants with an overview of an innovative Healthy Lifestyles Program developed at the Hospital for Sick Children for children and adolescents with mental illness. Recommendations for adaptation, incorporating modifications based on the needs and abilities of particular patient populations, will be discussed.

TP10

Learning to Share: Knowledge Exchange Methods to Bridge the Research, Policy and Practice Gap
Carrie Reid, Child Welfare League of Canada/Centre of Excellence for Child Welfare

Knowledge exchange is widely talked about but rarely understood. The Centre of Excellence for Child Welfare reaches researchers, policy-makers and front-line workers through a variety of communications techniques to share with them our own research and knowledge, but also that of external stakeholders. Our networking infrastructure, use of technology and clear language techniques will be highlighted in this presentation.



PROGRAM

Legend: Youth Program

Tuesday, June 3

3:00 PM - 4:30 PM

Concurrent Afternoon Sessions (continued)

- TP11** **Risk and Resilience Factors in Youth in Care Who Self Harm: Mining Data, Building Knowledge, Improving Outcomes**
Deborah Goodman, Children's Aid Society of Toronto, Connie Cheung, OISE

If evidence-based practice with at-risk, vulnerable child/youth populations is to advance then mining agency data from a variety of sources needs to occur over time. A comprehensive, long-term approach to knowledge development is best illustrated with CAS-Toronto's study of youth in care who self-harm. Methods include longitudinal analysis of quantitative data, extensive, standardized file reviews, plus interviews of key informants, such as youth, workers and caregivers.

- TP12** **Evaluating Partnerships: Lessons from a Community Collaborative**
*Brenda Moody, Jolanta Rasteniene, Peel Children's Aid Society;
Jeff Stillman, Norm Blaine, Peel Positive Space Coalition*

Evaluation is a key component of building and maintaining partnerships with children's service system providers in order to effectively meet community needs. This collaborative and interactive workshop will provide participants with an opportunity to learn about the Peel Positive Space Coalition and will provide strategies for evaluating partnerships with community-based organizations.

- TP13** **Across the Miles: A Workshop on the Theory, Evidence and Practice of the Intergenerational Trauma Treatment Model (ITTM) at 11 Children's Mental Health Clinics in Ontario**
Valerie Copping, City of Hamilton, Dr. Katreena Scott, University of Toronto

The author and panel will share the results of 12 Ontario clinics' collaborative practice of the ITTM Trauma Treatment Program and their creative participation in a province-wide rigorous research study. Practice and participation in the ITTM has been designed and demonstrated to help actualize our commitment to evidence-based trauma treatment.

- TP14** **From Co-operation to Co-location: The Experience of Integrating Child Protection Services in a Neighbourhood-based Organization**
*Julie Watts, Henny Laurin, Family and Children's Services of Waterloo Region;
Kerry-Lynn Wilkie, Bill Davidson, Langs Farm Village Association*

From initial planning to co-location, a Children's Aid Society and neighbourhood organization will outline the challenges and successes of their work. Beginning with an overview of their history to the development of a partnership agreement; practical tools and processes to engage community residents and examples of successes will be highlighted.

Session will be presented in French

- TP15** **Le projet de rehaussement des services en santé mentale pour les enfants francophones de l'Ontario**
*Raymond Lemay, Services aux enfants et adultes de Prescott-Russell;
Chantal Biro-Schad, Institut Valor Institute*

Financé par le ministère des Finances de l'Ontario et appuyé par les ministères des Services sociaux et communautaires et des Services à l'enfance et à la jeunesse, les Services aux enfants et adultes de Prescott-Russell (SEAPR) collabore avec l'Institut Valor afin d'élaborer un projet qui vise à améliorer la qualité et l'efficacité des services en santé mentale offerts en français aux enfants par le rapprochement des communautés tout en rehaussant la satisfaction du personnel.



PROGRAM

Legend: Youth Program

Tuesday, June 3

3:00 PM - 4:30 PM

Concurrent Afternoon Sessions (continued)

TP16 **Meducation**
Anie Belanger, MJ Cleroux, The New Mentality

When it comes to mental health, treatment is a hot topic. This session is designed to bring youth and adults together to start a dialogue about the purpose of medication, and the role that youth can play in receiving treatment.

TP17 **Youth Only Session**
Getting a Job
Service Canada Centre for Youth

Attention Youth!! Thinking about applying for a job? Perhaps this is your first time looking for employment, or maybe you are thinking of changing jobs. Whatever your situation, this workshop is for you. Trained Summer Employment Officers will help you identify what it is you're good at, teach you how to do a job search, write a good resume, and offer useful tips for when you go on an interview. You'll learn practical skills that you can use for a long time.

TP18 **Youth Only Session**
YouthCAN Presentation

YouthCAN (Communication, Advocacy and Networking) is a multi-component program for youth in care of Children's Aid Societies across Ontario. Youth leaders within the six zones across the province meet with their CAS peers to develop zone goals, build leadership and teambuilding skills, and do fun activities together. These youth have the opportunity to work on local advocacy issues with peers in a fun, relaxing way.

YouthCAN zone groups will have the opportunity to share their group's accomplishments and present information to those who want to know what new programs and services are happening across the province. What is different from Ottawa CAS and Toronto CAS? Does Fort Frances have different ways of serving youth? All youth and staff are welcome.

5:30 PM - 7:00 PM

Youth Dinner

8:00 PM - 9:30 PM

Stars Uncensored Talent Show



2008 JOINT CONFERENCE



PROGRAM

Legend: Youth Program

Wednesday, June 4

7:00 AM - 3:00 PM

Registration

7:00 AM - 8:30 AM

Continental Breakfast

8:00 AM - 9:00 AM

Youth Continental Breakfast

8:15 AM - 9:30 AM

Session extended

Plenary Presentation

Paediatric Death Review Committee 2008 Annual Report

Dr. Bert Lauwers, Karen Bridgman-Acker

The PDRC is a multidisciplinary committee of the Office of the Chief Coroner of Ontario. Under a Joint Directive with the Ministry of Children and Youth Services the committee reviews all child deaths where the family/child has been involved with a CAS within the previous 12 months. The purpose of review is to analyse the circumstances of the death, the services provided to the family, and to make recommendations for possible prevention of future deaths under similar circumstances.

Individual reviews are conducted and reports with recommendations issued on a regular basis to the CAS involved, the Ministry and the Regional Supervising Coroner. Each year an Annual Report is now produced by the PDRC which summarizes the findings, statistics, recommendations, trends and themes identified in these reviews.

Our presentation (and the annual report) will focus (in a non-identifying manner) on 35 cases reviewed by the PDRC in 2007 where a CAS was involved with the family during the preceding 12 months.

9:30 AM - 10:30 AM

Plenary Presentation

Terri Segal, Rhythmic by Nature

Drumming has been used cross-culturally for centuries for the purpose of building community, healing, expression, and celebration. This rhythmic and dynamic session will feature an interactive drumming showcase **by our very own youth!** You will have the opportunity to contribute your own rhythmic expression to the group song through facilitated body percussion and vocal activities. No musical background is necessary. Let's build community spirit through rhythm-making together!

10:30 AM - 10:45 AM

Refreshment Break

10:45 AM - 11:45 AM

Plenary Presentation - Youth Feedback

11:45 AM - 12:45 PM

Closing Plenary Presentation

Me to We: Living a Healthier Life Through Social Involvement

Marc Kielburger

Marc Kielburger is an accomplished social advocate and leadership specialist, a bestselling author and a popular speaker. He is the co-founder and chief executive director of Leaders Today, the world's top youth leadership training organization, which delivers one-of-a-kind local and international training experiences to more than 350,000 youth every year. He is also chief executive director of Free The Children, the world's largest network of children helping children through education.

In this presentation Marc will share specific strategies for successful social involvement, empowering audience members to create the kind of positive social change that enables people to live happier, healthier and more fulfilling lives.



12:45 PM - 1:00 PM

Wrap-up



2008 JOINT CONFERENCE



REGISTRATION INFORMATION

To register online using a credit card, go to www.mmsonline.ca or fill in the enclosed registration form and fax it to 1 905 332 1587.

Registration Fees

	On/before May 8	After May 8
Full Conference		
Member	\$429.00	\$479.00
Non-Member	\$479.00	\$529.00
Student/Parent	\$175.00	\$225.00
Youth	\$199.00	\$249.00
Daily		
Member	\$275.00	\$300.00
Non-Member	\$300.00	\$325.00
OACAS Annual Awards Dinner on Monday, June 2nd	\$60.00	\$60.00

Full conference fee includes:

3 breakfasts, 2 lunches, plenary presentations, all program sessions
Does not include OACAS Annual Awards Dinner

Youth conference fee includes:

3 breakfasts, 2 lunches, 2 dinners, plenary presentations, all program sessions

Daily conference fee includes:

Breakfast, lunch (except Wednesday), and program sessions on day of registration only

Please Note

Your registration constitutes acceptance of your personal information being used by the conference organizers for 2008 Joint Conference purposes only. Your personal information will not be distributed to any parties not associated with this conference.

Your registration constitutes acknowledgement of willingness to appear in photographs, motion pictures and videos taken during the 2008 Joint Conference and releases the conference organizers from liability resulting for use of such photographs, motion pictures and/or videos.

If you disagree with the above, please see personnel at the registration desk when you arrive at the conference.

Conference Location

Doubletree International Plaza Hotel and Conference Centre

655 Dixon Road, Toronto, ON
Telephone: 416 244 1711
Toll-free: 1 800 668 3656

www.doubletree.com

All conference sessions and activities will take place at the Doubletree International Plaza Hotel and Conference Centre. Hotel amenities include a state of the art fitness facility, indoor pool and hot tubs. There are 3 restaurants on-site. The hotel is conveniently located on Dixon Road at Highway 27, just minutes from Pearson International Airport, shopping and attractions.



Accommodation

A limited number of rooms are being held at the Doubletree International Plaza Hotel for delegates attending the 2008 Joint Conference. The special conference rate of \$141.00 per night, single or double occupancy, plus taxes is available on a first-come, first-served basis **until May 8, 2008**. Delegates must make their own reservations by calling the hotel at 416-244-1711 or 1-800-668-3656. Remember to identify yourself as a 2008 OACAS and CMHO Joint Conference delegate.

Cancellation Policy

Requests for refunds must be received in writing at Meeting Management Services Inc. **prior to May 8, 2008**. All cancellations are subject to a \$75.00 administration fee. All refund cheques will be issued after the conference. Substitutes will be accepted.

To request a refund or for more information, please contact:
Meeting Management Services Inc.
4380 South Service Road, Unit 25
Burlington, ON L7L 5Y6
Phone: 905-335-7993 or 1-800-625-7925
E-Mail: amy@mmsonline.ca