

NOVEMBER 21 & 22, 2011

Delta Chelsea Hotel
33 Gerrard St W., Toronto, ON

PARTNERING **for a Better Child and Youth Mental Health System**

Children's Mental Health Ontario champions the right of every child and youth in Ontario to mental health and well-being.

CMHO 2011 Conference
Program & Registration

www.kidsmentalhealth.ca



Children's Mental Health Ontario
Santé mentale pour enfants Ontario

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for a Better Child and Youth Mental Health System

An Invitation to Attend

As Ontario's child and youth mental health system transforms during the next few years, both funding and policy will encourage – or require – more robust and extensive partnering.

Most children and youth with mental health challenges need help and support from a wide range of people and organizations. Some of these young people are involved with multiple systems concurrently. Others must transition from one service system to another, such as from a hospital to a community agency, or from the child to adult system.

Parents are often integral partners in their child's care and support system, and sometimes adolescents themselves seek a decision-making role in the management of their mental health needs.

Failure to engage effectively with the full range of players who support a child's mental health will inevitably compromise the success of that child's treatment and recovery. Managing seamless transitions; engaging parents, youth and families; coordinating services and interventions across multiple agencies and systems – all of these are critical elements of an effective child and youth mental health system.

“Partnering” is a broad term that encompasses many different kinds of linkages – from full mergers, to information-sharing protocols, to ad hoc case coordination, and including youth and parent engagement. **Ontario's community-based child and youth mental health service providers have developed some outstanding partnerships with other sectors, as well as with particular client groups.**

At our 2011 conference, Children's Mental Health Ontario will be showcasing some of those outstanding partnerships so that locally based successes can be replicated in other communities. Through a full two-day program of workshops, plenary presentations and poster displays, it is our aim to share models, research, tools and experience-based knowledge among our members and their much broader community of partners.

This conference is a 'must' for everyone involved in supporting the mental health and well-being of children and youth throughout Ontario. Some sessions and learnings will focus on partnerships among child and youth mental health services, but most will look at broader partnerships such as those with:

- schools,
- child protection services,
- the youth justice system,
- early childhood programs,
- the medical system,
- developmental and rehabilitation services,
- immigrant and aboriginal communities,
- parents and families, and
- youth themselves.

I hope you will join us on November 21st and 22nd at the Toronto Delta Chelsea Hotel – to learn, to share, to partner in the evolution of a stronger and better-connected system of mental health services for Ontario's children and youth.

Gordon Floyd

CEO, Children's Mental Health Ontario



Information

Conference Location

Delta Chelsea Hotel
33 Gerrard Street West, Toronto, ON M5G 1Z4
Phone: 416-595-1975 www.deltahotels.com

The Delta Chelsea Hotel, which has recently undergone a \$6 million renovation, houses a state of the art fitness facility, adults-only heated indoor pool, whirlpool and restaurants. Conveniently located in downtown Toronto, the Delta Chelsea is minutes from the city's best shopping districts (including the Toronto Eaton Centre), Yonge-Dundas Square, fantastic live theatre, vibrant nightlife and exciting attractions.



Accommodation

A limited number of rooms are being held at the Delta Chelsea Hotel for delegates attending the CMHO 2011 Conference. The special conference rate is \$129.00 per night, single or double occupancy, plus applicable taxes. **This rate is available on a first-come, first-served basis until Monday, October 31, 2011.** Delegates must make their own reservations by calling the hotel at 1-800-243-5732. Remember to identify yourself as a Children's Mental Health Ontario delegate in order to receive the special rate.

Parking

- Self-parking – \$28 per night plus taxes, unlimited in and out privileges.
- Valet parking – \$38 per night plus taxes, unlimited in and out privileges.

Underground parking entrance is located on the south side of Gerrard Street in front of the Gerrard Street hotel lobby entrance.

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NEW THIS YEAR!

Registration Fees

To register online using a credit card go to www.kidsmental-health.ca, or complete the registration form and fax it to 1 905 332 1587.

	On or before October 31	After October 31
Member		
Full Conference	\$395.00	\$445.00
Daily	\$250.00	\$300.00
Non-Member		
Full Conference	\$495.00	\$545.00
Daily	\$350.00	\$400.00
Parent/Youth	\$150.00	\$175.00

Full Conference Registration Fees Include:

- Welcome Reception
- 3 keynote presentations
- 2 continental breakfasts & 2 lunches
- 34 education workshops
- Annual General Meeting of Children's Mental Health Ontario
- Elizabeth Manson Award for Community Service in Children's Mental Health

Daily Registration Fees Include:

- Breakfast, lunch and sessions on the day of registration

Membership Status

If you don't know what your membership status is, please contact Marta Condolo at CMHO at 416-921-2109 ext. 24 before purchasing your conference registration.

Certificate of Attendance

Conference participants can receive a "certificate of attendance" to go towards continuing education credits. **Request a certificate of attendance on the registration form.**

To register online using a credit card, go to www.kidsmental-health.ca, or complete the enclosed registration form and fax it to 1-905-332-1587.

Please Note: Your registration constitutes acceptance of your personal information being used by the conference organizers for CMHO 2011 Conference purposes only. Your personal information will not be distributed to any parties not associated with this conference.

Your registration constitutes acknowledgement of willingness to appear in photographs, motion pictures and videos taken during the CMHO 2011 Conference and releases the conference organizers from liability resulting for use of such photographs, motion pictures and/or videos.

If you disagree with the above, please see personnel at the registration desk when you arrive at the conference.

Cancellation Policy

Requests for refunds must be received in writing by October 31, 2011 at Meeting Management Services Inc. at the address below. All cancellations are subject to a \$50.00 administration fee. Substitutions are accepted. Refund cheques will be issued after the conference.

For more information or to cancel in writing, please contact:

Meeting Management Services Inc.

2267 Abbotsbury Street
Burlington, ON L7P 4H7

Telephone: 905 335 7993 Fax: 905 332 1587

E-mail: linda@mmsonline.ca



Program at a Glance

Sunday, November 20, 2011

3:00 pm – 7:00 pm	Registration
6:00 pm – 7:30 pm	Northern Meeting
7:30 pm – 10:00 pm	Welcome Reception

Monday, November 21, 2011

7:00 am – 5:00 pm	Registration
8:00 am – 9:00 am	Continental Breakfast
9:00 am – 9:15 am	<i>Change the View</i> Video Screening
9:15 am – 9:30 am	Opening Remarks
9:30 am – 10:30 am	Opening Keynote Speaker Catherine Fife, President, Ontario Public School Boards' Association
10:00 am – 5:00 pm	Posters on Display
10:30 am – 11:00 am	Refreshment Break & Poster Displays
11:00 am – 12:30 pm	Concurrent Morning Sessions
	MA1 Breaking Down the Silos at Queen's Park – Making Policy Across Ministries
	MA2 Promoting Educational Practice Change to Improve Children's Mental Health Outcomes: What do Educators Recommend?
	MA3 Sharing Knowledge: One Collaboration Leads to Another
	MA4 Youth Suicide Prevention – Community Collaboration and Mobilization
	MA5 Diverse Partners Collaborating to Build Community Capacity: The Simcoe County Experience
	MA6 The Easy, the Hard, and the Painful
	MA7 White Buffalo Road Healing Lodge and Aboriginal Knowledge in 2011

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Program at a Glance

12:30 pm – 1:15 pm

Delegate Luncheon

1:30 pm – 3:00 pm

Concurrent Afternoon Sessions

- MP1 Key Drivers for a Sustainable Child and Youth Mental Health System
 - MP2 Effects of Bullying on the Developing Person
 - MP3 Key Factors for Successful Partnerships
 - MP4 Partnership for Passage: Transitioning Youth with Severe Mental Illness from Child to Adult Services in Eastern Ontario
 - MP5 Access to Navigation and Support Services for Families across the Province
 - MP6 Bridging the Gap between Mental Health Services and Newcomer Youth
 - MP7 CARE (Children at Risk for Entering Care): Children's Mental Health and Children's Aid – Partners in Service, Collaborating in Prevention
-

3:00 pm – 3:30 pm

Refreshment Break & Poster Displays

3:30 pm – 5:00 pm

Concurrent Afternoon Sessions

- MP8 The Canadian Centre for Accreditation: Partnering for Excellence in Community Services
 - MP9 Evidence-Based Practice: Science, Pseudoscience, and the Importance of Practice Based Evidence and Scientific Thinking
 - MP10 Somali Community Youth Addiction Partnerships in Ottawa
 - MP11 When Working Together Becomes Learning Together: An Emerging Evaluation Community of Practice
 - MP12 Family Engagement Panel
 - MP13 A Time for Action: Integrating Mental Health Services in Dufferin County for Children and Youth with an Autism Spectrum Disorder
 - MP14 The True Sharing of Knowledge: Connecting Our Classrooms with Our Community
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8:00 pm – 11:00 pm

Retro Mentality Fundraising Event

Tickets: \$50.00 each



Program at a Glance

Tuesday, November 22, 2011

7:30 am – 2:00 pm	Registration
7:30 am – 9:00 am	Continental Breakfast
7:30 am – 3:45 pm	Posters on Display
8:00 am – 9:00 am	CMHO Annual General Meeting
9:15 am – 10:45 am	Concurrent Morning Sessions TA1 Mental Health Literacy Program TA2 Diversity in Action, Scarborough: Adapting Mental Health Services for Newcomer Families TA3 Integrating Research and Practice to Promote the Mental Health of High-Risk Infants and Young Children TA4 Creation of an Emergency Department Care Pathway for Children and Youth with Mental Health Conditions and Addictions TA5 The School Community Intervention Partnership (SCIP) – An Integrated Approach between Schools and Children's Mental Health to Support Wellness and Learning TA6 Community-Driven Partnership – Aboriginal Community and the Ottawa Children's Aid
10:45 am – 11:00 am	Refreshment Break & Poster Displays
11:00 am – 12:30 pm	Concurrent Morning Sessions TA7 Making the Shift to Service Collaboration at the Program and Service Delivery Level TA8 Building Mental Health Literacy in Educators TA9 The Healthy Coping Project: A Success Story of Collaboration across the Greater Toronto Area

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11:00 am – 12:30 pm

Concurrent Morning Sessions *continued*

- TA10 Behaviour Stabilization Consultation Team: A Jointly “Owned” and Operated Pilot – A New Kind of Partnership
- TA11 Building Collaborative Service Responses in Youth Mental Health Courts
- TA12 COLLABORATION: The Evolving Story between Education and Children’s Mental Health in the Hinterland
- TA13 Youth Engagement – A New Mentality

12:30 pm – 1:30 pm

Delegate Luncheon

The Elizabeth Manson Award for Community Service in Children’s Mental Health Acknowledgements

1:30 pm – 2:15 pm

Collaboration Café

2:15 pm – 2:45 pm

Keynote Speaker

Partnerships – Building Inuksuit in Communities
Karen Baker-Anderson, Executive Director, Ottawa Inuit Children’s Centre

2:45 pm – 3:00 pm

Keynote Speaker

Valerie Pringle, Award-Winning Television Broadcaster

3:00 pm – 3:30 pm

Minister of Children and Youth Services (Invited)

3:30 pm – 3:45 pm

Youth Message

3:45 pm – 4:00 pm

Closing Remarks

4:15 pm – 5:45 pm

Professional Learning Community Meeting



Posters

Posters will be on display on Monday, November 21 from 10:00 am to 5:00 pm, and on Tuesday, November 22 from 7:30 am – 3:45 pm.

Education and Children's Mental Health "Connecting" to Provide Hope for Pregnant and Parenting Teens

Ailene Wittstein, Executive Director, Merrymount Children's Centre; **Rebecca Howse**, Principal, Thames Valley District School Board

An Evidence-Informed Brief Protocol for Internalizing Problems in Children's Mental Health

Alain Carlson, Psychology Undergraduate, Nipissing University; **Dr. David Armstrong**, Psychologist, Hands (TheFamilyHelpNetwork.ca)

Collaborative Planning with Schools for Intervening with Children and Youth who Exhibit Problematic Sexual Behaviours

Chris Watson, Child and Parent Resource Institute (CPRI); **Mary Ellen Marshman**, Clinic Lead, Sexual Behaviour Team, Ministry of Children and Youth Services

Addiction Counselling in Schools: 25 years, 63 Partners at Work

Paul Welsh, Executive Director, Rideauwood Addiction and Family Services; **Denis Boileau**, Executive Director, Maison Fraternité

The Ontario Centre of Excellence for Child and Youth Mental Health: Knowledge Exchange, Partnerships and Collaboration

Despina Papadopoulos, Research Associate, School Liaison, **Dwight Thompson**, Child and Youth Mental Health Information Coordinator, **Mylan Ly**, Research Assistant, **Renée Nos-sal**, Research Assistant, **Purnima Sundar**, Acting Director, Knowledge Exchange; The Ontario Centre of Excellence for Child and Youth Mental Health

Exchanging Knowledge of Children's Mental Health and Learning Disabilities: Creating New Perspectives through Partnerships

Melissa Rowbotham, Manager of Community Consultation & Education, Integra; **Marjory Phillips**, Director of Clinical Services & Community Consultation, Integra

Promoting Academic Success through an Integrated Academic and Mental Health Program: The Solace Program

Rose Geist, Chief of Mental Health System, Associate Professor of Psychiatry, University of Toronto, Trillium Health Centre; **Sheri Turrell**, Clinical Psychologist, Child and Mental Health Services, Trillium Health Centre; **Jonathan Beard**, Transitional Age Youth Program and Solace Section 23 School Program, Trillium Health Centre; **Sharon Goodland**, Principal, Archbishop Romero Secondary School, Dufferin Peel Catholic District School Board

Working Together for System Integration

Neil Walker, Project Manager, York ASD Partnership

A Community and University Collaborative Pilot Project for Dually Diagnosed Children and Youth: How it Increased Evidence Based Practice for Staff at Both the Mental Health and Developmental Agencies that were Directly and Indirectly Involved

Bill Helmeczi, Director of Mental Health Services, Pathstone Mental Health Services; **Frances Owen**, Professor, Brock University; **Alyson Wilson**, Director, Children's Services, Bethesda

Kids Have Stress Too!

Judy Hills, Executive Director, The Psychology Foundation of Canada; **Kerri Richards**, Manager, Toronto Public Health

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Posters continued

Dancing with Caregivers Around the Circle: Why Parents and Teachers are the Foundation of Developmental Trauma and Attachment-Based Intervention

Richard S. Zayed, *Psychologist, Child and Parent Resource Institute, and Ministry of Child and Youth Services*

Closing the Gap: From Hospitals to Community

Chris Brown, *Supervisor, East Metro Youth Services*; **Daryle Pryor**, *Transitional Support Services Worker, East Metro Youth Services*; **Julie Kish**, *Manager-Child & Adolescent Mental Health and Crisis Program, Rouge Valley Health System*

Progressing from Marginalized to Empowered

Christine Evans, *Lead Mental Health Clinician, Good Shepherd Youth Services*; **Chloe Frisina**, *Community Mental Health Clinician, Good Shepherd Youth Services*

The interRAI Child and Youth Mental Health (ChYMH) Instrument: An International Effort to Develop an Assessment System to Enhance Services and Outcomes for Children, Youth and Their Families Accessing Mental Health Services

Shannon L. Stewart, *Program Manager, Applied Research and Education, Child and Parent Resource Institute*; **Melissa Currie**, *Manager (A), Applied Research and Education, Child and Parent Resource Institute*; **Karen MacLeod**, *Psychologist, Lutherwood*; **Joanne Shenfeld**, *Manager, Youth Addiction & Concurrent Disorders Service, Centre for Addiction and Mental Health*; **Rebecca Cuthbert**, *Child & Family Therapist, Vanier Children's Services*; **Nancy Curtin-Telegdi**, *Clinical Trainer, Homewood Research Institute*; **Sandra Carson**, *Community Behaviour Consultant, Mood Disorders Clinic, Child and Parent Resource Institute*

HIGH FIVE® Healthy Minds for Healthy Children

LJ Bartle, *HIGH FIVE® National Manager, Parks and Recreation Ontario (PRO)*

Bridging Lived and Learned Experience

Likwa Nkala, *Outreach/Resource Specialist, East Metro Youth Services*

SNAP® for Children with Asperger Syndrome and their Families: A Pilot Program Developed through Partnership between Child Development Institute, the Redpath Centre, and Sick Kids Hospital

Karen Sewell, *Early Intervention Manager, SNAP Under 12 Outreach Project, Child Development Institute*; **Kevin Stoddart**, *Director, The Redpath Centre*; **Barb Muskat**, *Academic and Clinical Specialist/Manager, Hospital for Sick Children*

Partnership at the Front Door: Durham Central Intake

Marie Lang, *Manager, Central Intake, Durham Centralized Intake-hosted by Kinark Child and Family Services*; **Tammy Henwood**, *Intake/Human Resources Manager, CHIMO*

Models of Partnerships for Building Capacity for Evaluation and Outcomes Measurement: Lessons Learned from the Ontario Centre of Excellence Evaluation Support Program

Evangeline Danseco, *Director, Evaluation & Research, Ontario Centre of Excellence for Child & Youth Mental Health*; **Kim Latour**, *Manager, Quality Assurance, Early Intervention Program, Catulpa Community Support Services*; **Giselle Forrest**, *Manager, WrapAround, Catulpa Community Support Services*; **Sherry McGee**, *Research Associate, Ontario Centre of Excellence for Child & Youth Mental Health*

COMPASS – Community Partners with Schools: Creating a Culture of Shared Responsibility

Michelle Cassidy, *Manager, COMPASS – Community Partners with Schools*

IT'S A CMHO CELEBRATION!
IT'S RETRO! IT SUPPORTS THE
NEW MENTALITY! IT'S ...

RETRO★MENTALITY!★

Join your colleagues and friends for a fun evening of music, dancing, and films from the 60s and 70s, and help raise money to support the New Mentality's leading-edge work in youth engagement.

Music by Boomerang!!

A high energy 7 piece band playing R&B/soul/rock classics that will mist your eyes and move your feet!!



WHERE: Toronto Delta Chelsea Hotel,
Churchill Ballroom, 33 Gerrard St. West, Toronto, ON
WHEN: Monday, Nov 21st – 8 to 11 p.m.

DRESS: CASUAL (RETRO IF YOU DARE!)

TICKETS: \$50.00 (ALL NET PROCEEDS SUPPORT THE NEW MENTALITY)

The donation part qualifies for a tax-receipt.

Order in advance online at www.kidsmentalhealth.ca,

or on November 20 – 21

at the CMHO Conference Registration desk.



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9:00 am – 9:15 am	<i>Change the View</i> Video Screening
9:15 am – 9:30 am	Opening Remarks

9:30 am – 10:30 am

Opening Keynote Speaker

Catherine Fife, *President, Ontario Public School Boards' Association*



In June 2010, Catherine Fife was elected President of the Ontario Public School Boards' Association (OPSBA), which represents 1.3 million public school learners and 34 public school boards and school authorities. She has moved child and youth mental health to the top of OPSBA's agenda and chairs the Coalition for Children and Youth Mental Health, which engages more than 25 organizational partners.

Ms Fife is dedicated to an education system that will support students to take their place in a world where collaboration, critical thinking and emotional intelligence are key skills for success.

10:00 am – 5:00 pm	Posters on Display
10:30 am – 11:00 am	Refreshment Break & Poster Displays



Program

Monday, November 21, 2011 continued

11:00 am – 12:30 pm

Concurrent Morning Sessions

CMHO Policy

MA1 Breaking Down the Silos at Queen's Park – Making Policy Across Ministries

Aryeh Gitterman, Assistant Deputy Minister, Policy Development and Program Design, Ministry of Children and Youth Services

Grant Clarke, Assistant Deputy Minister, Learning and Curriculum Division, Ministry of Education

Dr. Vasanthi Srinivasan, Assistant Deputy Minister, Health System Strategy and Policy Division, Ministry of Health and Long-Term Care

Conference participants will hear from senior staff at the Ministries of Children and Youth Services; Health and Long-Term Care and Education about the challenges of integrating policy across Ministries at Queen's Park, both in the course of its development and during implementation. The second half of the session will be open to a discussion with participants and brainstorming about how to address inter-ministerial barriers across sectors.

Education: Teachers

MA2 Promoting Educational Practice Change to Improve Children's Mental Health Outcomes: What do Educators Recommend?

Melanie A. Barwick, Associate Scientist, Scientific Director Knowledge Translation, Research Institute, The Hospital for Sick Children, Associate Professor, Psychiatry, University of Toronto

Charles E. Cunningham, Psychologist, McMaster Children's Hospital, Professor of Psychiatry and Behavioural Neurosciences, Jack Laidlaw Chair in Patient-Centred Health Care at McMaster University

Schools often fail to adopt evidence-based approaches, including those that can improve mental health outcomes. This presentation will summarize a project using methods from marketing research and economics to explore the practice change preferences of more than 1,000 educators and thereby developing more effective practice change strategies.

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Program

Monday, November 21, 2011 continued

11:00 am – 12:30 pm

Concurrent Morning Sessions *continued*

Hospitals

MA3 Sharing Knowledge: One Collaboration Leads to Another

Gloria Chaim, Deputy Clinical Director, Centre for Addiction and Mental Health

Patty Hayes, Clinical Supervisor, Turning Point Youth Services

Joanna Henderson, Independent Clinician Scientist, Centre for Addiction and Mental Health

In this presentation we will share findings that demonstrate: 1) the benefits of seeking stakeholder input in project development and 2) the impact of cross-sectoral collaboration on implementation of evidence based practice. Presenters will share their experiences as project partners representing the children's mental health and hospital sectors.

Education: Suicide Prevention

MA4 Youth Suicide Prevention – Community Collaboration and Mobilization

Tom Walters, Executive Director, Children's Centre Thunder Bay

This presentation will consist of the steps that brought over 25 community agencies in Thunder Bay to work together around the acute response to devastating youth suicide and to develop an ongoing prevention strategy plan.

Across Many Sectors

MA5 Diverse Partners Collaborating to Build Community Capacity: The Simcoe County Experience

Charlotte Fergusson, Supervisor, New Path Youth and Family Services

Cathy Bidwell, Social Worker, Kinark Child and Family Services

Tonya Millsap, FASD Project Manager, Catulpa Community Support Services

Sally Seabrook, Behaviour Consultant, Behaviour Management Services of York and Simcoe

This presentation will provide a detailed overview of the multifaceted FASD community capacity initiative in Simcoe County. By building partnerships with over 25 cross sector agencies we have significantly advanced our community understanding and capacity through education, coaching, and support to improve outcomes for children, youth and families impacted by FASD.



Program

Monday, November 21, 2011 continued

11:00 am – 12:30 pm

Concurrent Morning Sessions *continued*

Among CYMH Services

MA6 The Easy, the Hard, and the Painful

Lothar Liehmann, Executive Director, Craigwood Youth Services

Brenda Hall, Executive Director, Western Area Youth Services

Willy Van Klooster, Executive Director, Vanier Children's Services

Marc Roberts, Executive Director, Oxford & Elgin Child & Youth Centre

Four children's mental health agencies have been involved in an amalgamation process over the past two years. Not only are they proceeding on a path towards 'ultimate partnering', but they are developing joint services as they proceed. The story will be shared with focus on the 'how' as well as time for q & a.

Aboriginal Youth

MA7 White Buffalo Road Healing Lodge and Aboriginal Knowledge in 2011

Rob Wemigwans, Social Worker, White Buffalo Road Healing Lodge

Vince Pawis, Executive Director, White Buffalo Road Healing Lodge

Vince Pawis is also a Traditional Ojibwe Elder from Shawanaga First Nation. Vince works with Aboriginal Youth sharing traditional knowledge and land teachings. Vince will share a 'teaching' during this presentation.

Rob Wemigwans will share the growth and challenges that WBRHL has faced while working with the Children's Hospital of Eastern Ontario on a 'policy development' research project.

12:30 pm – 1:15 pm

Delegate Luncheon

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Program

Monday, November 21, 2011 continued

1:30 pm – 3:00 pm

Concurrent Afternoon Sessions

CMHO Policy

MP1 Key Drivers for a Sustainable Child and Youth Mental Health System

Sheila Masters, Board Member, Children's Mental Health Ontario

This session is designed to seek input into and lend shape to the policy process undertaken by CMHO. Participants will have the opportunity to provide input into topics that they would like to see the Association examine and take a position on. The session begins with a brief review of the four policy areas that CMHO has already examined and a determination of whether these subject areas should be explored more deeply.

Education: Bullying

MP2 Effects of Bullying on the Developing Person

Tracy Vaillancourt, Canada Research Chair in Children's Mental Health and Violence Prevention, and Professor, Faculty of Education and School of Psychology, University of Ottawa

A person is being bullied if he or she is exposed repeatedly and over time to negative actions on the part of one or more persons. Bullying interferes with an individual's need to belong and has been shown to be related to long-term consequences such as academic difficulties, depression, anxiety, and physical health problems. Recent research in neuroscience indicates that social pain resulting from rejection is similar to that felt from physical pain.

Across Many Sectors

MP3 Key Factors for Successful Partnerships

Glen Newby, President and CEO, New Path Foundation
Ken Edwards, Vice-President Finance and Administration
Neville Twine, Vice-President, New Path Ventures

"The Common Roof" and New Path Foundation have a proven non-profit multi-tenant collaborative that enhances services to kids and community. Social service agency partnerships are key to developing and sustaining a strong, cross-sectoral mental health system. This workshop will examine six key indicators designed to ensure successful collaborative outcomes.



Program

Monday, November 21, 2011 continued

1:30 pm – 3:00 pm

Concurrent Afternoon Sessions *continued*

Adult Mental Health

MP4 Partnership for Passage: Transitioning Youth with Severe Mental Illness from Child to Adult Services in Eastern Ontario

Karen Tataryn, Regional Director, Child/Youth Specialized Psychiatric and Mental Health Services in Eastern Ontario, Children's Hospital of Eastern Ontario

Mario Cappelli, Director, Mental Health Research, Children's Hospital of Eastern Ontario

Joanne Lowe, Executive Director, Youth Services Bureau, Ottawa

Donna Petty, Director of Operations, Canadian Mental Health Association, Ottawa Branch

Using the shared management model, a partnership of community and hospital providers was developed to guide 100 youth with severe mental illness from Child and Adolescent Mental Health Services to Adult Mental Health Services. Partners dedicated in-kind contributions to assist in the linkage of service and maintain a youth-centred approach.

Parents and Families

MP5 Access to Navigation and Support Services for Families across the Province

Sarah Cannon, Executive Director, Parents for Children's Mental Health

Together with Kinark Family and Child Services, and the Ministry of Child and Youth Services, Parents for Children's Mental Health has developed a program of Family Support Provision that will provide immediate access to Navigation and Support Services for families across the province. Using evidence-based approaches in building the model, developing the implementation plan and evaluation structures of the model, the Family Support Provision Program continues to be developed with recommendations for roll-out and piloting of the program made to the Ministry to improve the outcomes for children and youth with mental illness in Ontario. This workshop will describe the process, as well as the innovative partnership between family, agency, and government and the description of the model, and why it is important.

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Program

Monday, November 21, 2011 *continued*

1:30 pm – 3:00 pm

Concurrent Afternoon Sessions *continued*

Newcomer Youth

MP6 Bridging the Gap between Mental Health Services and Newcomer Youth

Sheeba Narikuzhy, *Counselling Supervisor, East Metro Youth Services*

Daniel Poliszczuk, *Newcomer Program Worker, East Metro Youth Services*

This presentation will highlight the key components of a successful newcomer youth mental health program. The discussion will include identified barriers and challenges facing these communities in accessing mental health services and possible ways of bridging the gap between newcomer youth and mental health services.

Child Protection

MP7 CARE (Children at Risk for Entering Care): Children's Mental Health and Children's Aid – Partners in Service, Collaborating in Prevention

Liisa Kuuter, *Manager, Clinical & Community Programs, Yorktown Child and Family Centre*

Mike Dixon, *Child Protection Worker, Ongoing Services – Adolescent, Catholic Children's Aid Society*

Louisa Drost, *Manager, Community Counselling Services, The Etobicoke Children's Centre*

Abraham Nemad, *Social Worker, The George Hull Centre*

Britt Hughson, *Supervisor, Child Welfare – Etobicoke Branch, Children's Aid Society of Toronto*

CARE: Children at Risk for Entering Care is a collaborative initiative of 5 partner agencies. It utilizes a multi-disciplinary approach that employs evidence-based treatment modalities to provide immediate, brief and focused interventions in the home and community to high risk children and youth to create empowered, stable families.

3:00 pm – 3:30 pm

Refreshment Break & Poster Displays



Program

Monday, November 21, 2011 continued

3:30 pm – 5:00 pm

Concurrent Afternoon Sessions

MP8 The Canadian Centre for Accreditation: Partnering for Excellence in Community Services

Barbara Wiktorowicz, Executive Director, Community Organizational Health Inc.

Joanne Johnston, Director of Standards & Services, Children's Mental Health Ontario

The Canadian Centre for Accreditation (CCA) is a new, not for profit national organization that will provide a third party, objective accreditation process tailored to community-based health and social services. The partnership of five accreditation programs that have created CCA will be described, features of the CCA accreditation process will be highlighted, and CCA's future vision will be discussed. Ample opportunity to ask questions and discuss the transition to CCA for currently accredited organizations will be provided.

Education: Evidence-Based Interventions

MP9 Evidence-Based Practice: Science, Pseudoscience, and the Importance of Practice Based Evidence and Scientific Thinking

Thomas Kratochwill, Sears-Bascom Professor, University of Wisconsin, and Director, Educational and Psychological Training Center

As the evidence-based practice movement has advanced, much has been learned about adoption, implementation, and sustainability of prevention and intervention practices. This presentation will focus on the importance of evidence from practice and the critical role of scientific thinking to address pseudoscience and promote positive mental health outcomes.

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Program

Monday, November 21, 2011 *continued*

3:30 pm – 5:00 pm

Concurrent Afternoon Sessions *continued*

Newcomer Youth

MP10 Somali Community Youth Addiction Partnerships in Ottawa

Paul Welsh, Executive Director, Rideauwood Addiction and Family Services

Fairah Aw Owsman, Executive Director, Canadian Friends of Somalia

Canadian Friends of Somalia, a Somali service, requested assistance from CAMH Ottawa office. Somali youth were in Ottawa courts with addiction related crime and injured/murdered in drug crime in Alberta. CAMH, Rideauwood and CFS partnered to deliver culturally specific addiction prevention and youth justice addiction counselling for youth and parents.

Among CYMH Services

MP11 When Working Together Becomes Learning Together: An Emerging Evaluation Community of Practice

Marg Cox, Executive Director, Point in Time Centre for Children, Youth and Parents

Ewa Deszynski, Executive Director, The Etobicoke Children's Centre

Sandra Cunning, Director, Research and Evaluation, Kinark Child and Family Services

Point in Time is the lead for 'Working Together for Kids Mental Health' in Haliburton. The Etobicoke Children's Centre has focused on developing a culture of evaluation and applying a new model for quality assurance. Together, with researchers at Kinark, we are creating an evaluation collaborative from joint learnings.



Program

Monday, November 21, 2011 continued

3:30 pm – 5:00 pm

Concurrent Afternoon Sessions *continued*

Parents and Families

MP12 Family Engagement Panel

Sarah Cannon, Executive Director, Parents for Children's Mental Health

Annie Kidder, Executive Director, People for Education

Phyllis Grant-Parker, President, Parents' Lifeline of Eastern Ontario (PLEO)

This panel will take a look at what organizations need to do in order to engage effectively with parents as partners in the mental health care of their children. We will learn from the experiences of:

- People for Education, which has engaged parents since 1997 to become active participants in the public education system;
- Parents' Lifeline of Eastern Ontario, which has been supporting parents and families of children with mental health problems since 2000; and
- Parents for Children's Mental Health, which asked candidates in Ontario's 2011 election to pledge support for "increased parent and youth involvement in treatment design and delivery, increased transparency of services and treatment decisions, and greater accountability of service providers to the young people and families they serve".

Across Many Sectors

MP13 A Time for Action: Integrating Mental Health Services in Dufferin County for Children and Youth with an Autism Spectrum Disorder

Brenda Courtney, Student Support Leadership Liaison, Dufferin Child and Family Services

Kevin Stoddart, Clinical Director, Redpath Centre; Adjunct Assistant Professor, Faculty of Social Work, University of Toronto

Claire Olorenshaw, Kerry's Place Autism Services

Trish Grabb, Children's Mental Health at Dufferin Child and Family Services

Mental health in children and youth with Autism Spectrum Disorder was identified by parents and service providers as a significant, pressing issue in the rural community of Dufferin County. Through The Provincial Centre of Excellence for Child and Youth Mental Health, a Community Mobilization Grant has enabled this community to develop partnerships towards the integration of services to meet the needs relating to this complex issue.

PARTNERING

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Program

Monday, November 21, 2011 *continued*

3:30 pm – 5:00 pm

Concurrent Afternoon Sessions *continued*

Education: Community Colleges

MP14 The True Sharing of Knowledge: Connecting Our Classrooms with Our Community

Joanne Hagger-Perritt, Professor, Northern College of Applied Arts and Technology
Laurent Gilbert, Shift Supervisor, Child and Family Services of Timmins and District – F.W. Schumacher Residence

Northern College of Applied Arts and Technology's compressed Child and Youth Worker Program and Child and Family Services of Timmins and District have a creative partnership. This partnership was designed to ensure that graduates from the program meet or exceed the provincial learning outcomes while providing supplementary service to the agency. The rewards and challenges will be discussed.

8:00 pm – 11:00 pm

Retro Mentality Fundraising Event

Join your colleagues and friends for a fun evening of music, dancing, and films from the 60s and 70s, and help raise money to support the New Mentality's leading-edge work in youth engagement.

Tickets: \$50.00 each (All net proceeds support the New Mentality. The donation part qualifies for a tax receipt.)

Tuesday, November 22, 2011

7:30 am – 2:00 pm

Registration

7:30 am – 9:00 am

Continental Breakfast

7:30 am – 3:45 pm

Posters on Display

8:00 am – 9:00 am

CMHO Annual General Meeting



Program

Tuesday, November 22, 2011 continued

9:15 am – 10:45 am

Concurrent Morning Sessions

Education: Mental Health Literacy

TA1 Mental Health Literacy Program

Ian Manion, Executive Director, Ontario Centre of Excellence for Child and Youth Mental Health

The Centre has developed a training program in mental health literacy for educators, administrators, mental health service providers and health-care professionals.

In March 2011, the program was pilot tested in four communities across the province – Haliburton, Niagara, Sudbury and Belleville. A diverse group of professionals from each community participated in a full-day workshop covering the most common mental health concerns among children and youth and offering practical, real-life strategies to support them in their daily work.

The workshop includes:

- Basic knowledge and skills required to understand common child and youth mental health issues.
- A common understanding and language for participants.
- A snapshot of local and provincial resources and how to use them.

Newcomer Youth

TA2 Diversity in Action, Scarborough: Adapting Mental Health Services for Newcomer Families

Liane Davey, Trustee, The Psychology Foundation of Canada

Julia Ghani, Afghan Outreach Worker, East Metro Youth Services and DIAS Project

DIAS is a cross-sectoral partnership project involving children's mental health centres, child welfare, settlement services and The Psychology Foundation of Canada. Goals include building the capacity of the communities and agencies to better serve newcomer children and their families and to build a model for use with other newcomer groups.

PARTNERING

for a Better Child and Youth Mental Health System

Program

Tuesday, November 22, 2011 continued

9:15 am – 10:45 am

Concurrent Morning Sessions *continued*

Early Childhood Services

TA3 Integrating Research and Practice to Promote the Mental Health of High-Risk Infants and Young Children

Mary Motz, *Clinical Psychologist, Mothercraft/Breaking the Cycle*

Debra J. Pepler, *Distinguished Research Professor of Psychology, York University*

Stacey Espinet, *Postdoctoral Fellow, Mothercraft/Breaking the Cycle*

Margaret Leslie, *Director, Early Intervention Programs, Mothercraft/Breaking the Cycle*

Julie Chamberlin, *Masters Student, York University*

Jessica Jeong, *Masters Student, York University*

Azel Mulagulova, *Honours Student, York University*

This presentation traces the successful research-practice relationship between Mothercraft/BTC and York University's LaMarsh Research Centre. It describes: 1) the service and research partnership model; 2) the intersection of research and practice in program development; 3) benefits to community agencies, practitioners, students, families; and 4) evaluation/research findings, using videoclips.

Hospitals

TA4 Creation of an Emergency Department Care Pathway for Children and Youth with Mental Health Conditions and Addictions

Doreen Day, *Senior Project Manager, Provincial Council for Maternal and Child Health*

Jeffrey Hawkins, *Executive Director, Hands TheFamilyHelpNetwork.ca*

Mona Jabbour, *Medical Director, Emergency Department, Children's Hospital of Eastern Ontario*

Marilyn Booth, *Executive Director, Provincial Council for Maternal and Child Health*

An expert panel was convened to create an Emergency Department (ED) care pathway that addresses children and youth with mental health and addiction issues. The focus of the pathway is integration of care between ED and community. This session will review the pathway and seek feedback prior to its pilot.



Program

Tuesday, November 22, 2011 continued

9:15 am – 10:45 am

Concurrent Morning Sessions *continued*

Education: Schools

TA5 The School Community Intervention Partnership (SCIP) – An Integrated Approach between Schools and Children's Mental Health to Support Wellness and Learning

Susan Barnes, *SCIP Program Manager, Vanier Children's Services*

Kathleen Nutt, *SCIP Consultant, Merrymount Children's Centre*

SCIP's integrated partnership between children's mental health agencies and schools provides effective early response to the mental health needs of elementary school children identified by their school team. Presenters will explain the SCIP model and speak to the benefits, challenges, and lessons learned in developing and growing the partnership.

Aboriginal Youth

TA6 Community-Driven Partnership – Aboriginal Community and the Ottawa Children's Aid

Karen Baker-Anderson, *Executive Director, The Ottawa Inuit Children's Centre*

Andree Guillemette, *Supervisor, Ottawa Children's Aid Society*

Reepa Evic-Carleton, *Treatment Coordinator, Tungasuvvingat Inuit's Mamisarvik Healing Centre*

This presentation will highlight the work that has been done in Ottawa between the Ottawa Inuit community and the Ottawa Children's Aid Society. By working together with a common goal to work for positive outcomes for our children, real change is occurring. Discussions will include the how, the challenges and what has worked.

10:45 am – 11:00 am

Refreshment Break & Poster Displays

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Program

Tuesday, November 22, 2011 continued

11:00 am – 12:30 pm

Concurrent Morning Sessions

Developmental Services

TA7 Making the Shift to Service Collaboration at the Program and Service Delivery Level

Pamela James, Family Connections Supervisor, Associated Youth Services of Peel
Liz McGrath, Family Connections Counsellor, Associated Youth Services of Peel
Rasha Chaaya, Facilitator, Peel Crisis Capacity Network

Service coordination and service collaboration are current buzz words, but how do programs shift their perspective from working independently to working within a service collaboration framework? Follow the challenges and successes of a crisis intervention program as it strives to move towards service collaboration at the program and service delivery level.

Education: Schools

TA8 Building Mental Health Literacy in Educators

Don Buchanan, Knowledge Mobilization Officer, Hamilton-Wentworth District School Board
Kathy Short, Hamilton-Wentworth District School Board

While teachers and principals understand that many of their students have mental health problems, recent research tells us they feel ill-prepared to deal with these challenges. Join us as we outline the development of a district-wide mental health strategy and share “on-the-ground” efforts to increase mental health literacy in educators.

Among CYMH Services

TA9 The Healthy Coping Project: A Success Story of Collaboration across the Greater Toronto Area

Liisa Kuuter, Manager, Clinical & Community Programs, Yorktown Child and Family Centre

Susan Loizzo, Social Worker, Yorktown Child and Family Centre

Mary Ann DiPaolo, Program Coordinator, West End Sexual Abuse Treatment Program

Sheila Konanur, Graduate Student, Clinical Developmental Psychology, York University



Program

Tuesday, November 22, 2011 continued

11:00 am – 12:30 pm

Concurrent Morning Sessions *continued*

TA9 *continued*

Julie Cinamon, PhD student, Clinical Developmental Psychology, York University

Julie Markham, Program Coordinator, CASAT (Central Agencies Sexual Abuse Treatment Program)

Renée Sloos, Clinical Supervisor, Sexual Abuse Treatment and Child Witness Programs, Peel Children's Centre

Teresa Milke, Child and Family Therapist, The Etobicoke Children's Centre

The Healthy Coping Project is an ongoing research and clinical collaboration in the Greater Toronto Area. Designed to examine the benefits of Trauma-Focused Cognitive Behavioural Therapy, it has provided insight into the successes and challenges of developing a partnership rooted in a collective desire to help families affected by trauma.

Child Protection

TA10 Behaviour Stabilization Consultation Team: A Jointly "Owned" and Operated Pilot – A New Kind of Partnership

Carolyn Hooper, Director, Secure Treatment & Youth Justice, Kinark Child & Family Services

Diane Sardi, Supervisor, Behaviour Stabilization Consultation Team, Kinark Child & Family Services

Sheila Markle, Manager, Children's Services, Guelph Wellington Child & Family Services

Anne Marie Keyes, Resource Development Supervisor, Halton Children's Aid Society

Children in the care of three Children's Aid Societies are benefitting from the enhanced skills of their caregivers as a result of a unique partnership between the societies and a mental health agency. In a unique service that none of the partners alone could have developed, the agencies collectively identified a shared interest in stabilizing placements of children in care, designed a model of service delivery within the child's existing placement and collaborated to establish the service. Unlike a purchase of service arrangement, the service was designed and created and now is operated, monitored and evaluated by all four agencies in full partnership.

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Program

Tuesday, November 22, 2011 continued

11:00 am – 12:30 pm

Concurrent Morning Sessions continued

Youth Justice

TA11 Building Collaborative Service Responses in Youth Mental Health Courts

Miranda Cheung, Youth Mental Health Court Worker, Griffin Centre

Arlene Gonash, Youth Mental Health Court Worker, Griffin Centre

Rebecca Hannah, Youth Mental Health Court Worker, Turning Point Youth Services

Turning Point Youth Services and Griffin Centre are working in partnership to provide youth mental health court services. Youth mental health court workers will give you an overview of the youth criminal justice system, the youth courts, and the challenges and strategies when working in the criminal court system.

Education: Schools

TA12 COLLABORATION: The Evolving Story between Education and Children's Mental Health in the Hinterland

Shelley Woon, Superintendent of Special Education, Trillium Lakelands District School Board

Marg Cox, Executive Director, Point in Time Centre for Children, Youth and Parents

Margaret Rose-Jackson, Executive Director, Chimo Youth and Family Services Inc.

Marty Rutledge, Executive Director, Family, Youth and Child Services of Muskoka

Joyce Pruyers-Emmink, Elementary Special Education Consultant and Mental Health Consultant, Trillium Lakelands District School Board

Jane Jordan, Psycho-Educational Consultant, Trillium Lakelands District School Board

Allison Jones, Student Services/Attendance Counsellor, Trillium Lakelands District School Board

Pauline Knott, Student Services/Attendance Counsellor, Trillium Lakelands District School Board

Trillium Lakelands District School Board and CMH partners have a history of collaboration. TLDSB has committed resources to increase mental health literacy, reduce stigma and take collaboration to a new level, developing joint consents to services, approaches and interventions in schools, and a commitment to jointly addressing mental health issues.



Program

Tuesday, November 22, 2011 *continued*

11:00 am – 12:30 pm

Concurrent Morning Sessions *continued*

Across Many Sectors

TA13 Youth Engagement – A New Mentality

Cathy Dyer, Project Coordinator, The New Mentality

Youth engagement is an evidence-informed practice championed by Children's Mental Health Ontario, The New Mentality and The Ontario Centre of Excellence for Child and Youth Mental Health (The Centre). Children's Mental Health Ontario has just released their Youth Engagement Accreditation Standards. The New Mentality continues to be a vehicle and voice for youth and The Centre just announced they are providing youth engagement training free of charge to child and youth mental health agencies. Clearly, there is a growing movement towards this participatory leadership practice.

Partnering with young people improves therapeutic outcomes and increases organizational growth. There has been much research into the practice, but what is needed now are practical strategies and tools for initiating and sustaining youth engagement practice. Extending beyond the traditional client-service provider relationship with youth is uncharted territory for most organizations and youth, but for those agencies and youth who have made this practice part of their day-to-day work, the benefits are abundant.

This workshop will focus on the evidence supporting youth engagement, the work of The New Mentality, The Centre's Youth Engagement program and CMHO's Accreditation Standards for Youth Engagement. It is suitable for those (youth and adults) who want to know more about how to partner with youth.

12:30 pm – 1:30 pm

Delegate Luncheon

The Elizabeth Manson Award for Community Service in Children's Mental Health

Acknowledgements

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Program

Tuesday, November 22, 2011 continued

1:30 pm – 2:15 pm

Collaboration Café

How do we leverage partnerships now that we have more public interest and investment in child and youth mental health than ever before? Who is consistently absent from our community partnerships?

This session is a chance to explore and build some collective understanding that will amplify the work we do for child and youth mental health. Using World Café as a platform for discussion, participants will work to uncover the living intelligence in the room – intelligence that is not held by individuals but that is present when groups of people come together and dialogue about questions that matter. This will be a highly interactive session. Help CMHO build a better understanding of how it, as a provincial association, can support partnerships that create a better child and youth mental health system.

2:15 pm – 2:45 pm

Keynote Speaker

Partnerships – Building Inuksuit in Communities

Karen Baker-Anderson, Executive Director, The Ottawa Inuit Children's Centre



Together we will look at the beauty of working with and for the children and families in our Aboriginal communities. How do we do that in a way that honours the culture and history of our community and acknowledges that we are guests in the community who want to be part of the solution?



Program

Tuesday, November 22, 2011 *continued*

2:45 pm – 3:00 pm

Keynote Speaker

Valerie Pringle, *Award-Winning Television Broadcaster*



Valerie Pringle is one of Canada's most accomplished and popular television hosts. The Banff Television Foundation selected her as one of the Fifty Famous Faces of Fifty Years of Canadian Television.

A seven-time Gemini Award nominee and winner of an inaugural Alumni Award of Distinction from Ryerson University, Ms Pringle was appointed a Member of the Order of Canada in 2006 for her contributions to the communications field and philanthropy.

Valerie is very involved in a number of not-for-profit organizations. She is Chair of the Board of the Trans Canada Trail. She is a member of the Foundation Boards for The Centre for Addiction and Mental Health, The Canada Post Foundation for Mental Health and The Canadian Broadcast Museum Foundation. She is also the spokesperson for the Canadian Foundation for AIDS Research.

3:00 pm – 3:30 pm

Minister of Children and Youth Services (Invited)

3:30 pm – 3:45 pm

Youth Message

3:45 pm – 4:00 pm

Closing Remarks

PARTNERING

for a Better Child and Youth Mental Health System

Program

Tuesday, November 22, 2011 continued

4:15 pm – 5:45 pm

**Professional Learning Community Meeting
Attention all educators!**

Are you interested in hearing more about how we can help teachers and educators learn about child and youth mental health problems?

Is your Board offering training or workshops that help teachers understand and teach children and youth with mental health problems?

If so, join us in the inaugural meeting of a new professional learning community on Tuesday, November 22, 2011, following the wrap-up of the Children's Mental Health Ontario Conference.

Led by the Child and Youth Mental Health Information Network (www.cymhin.ca) and funded by a grant from the Knowledge Network for Applied Educational Research (www.knaer-recrae.ca) this informative and interactive workshop will look at some of the efforts that are underway to bring evidence-based information about child and youth mental health problems to our schools.

You will hear about several programs that provide information and training to educators, including "Making a Difference: An Educators Guide to Child and Youth Mental Health Problems", and learn from several boards who are working together to implement these programs.

You'll also have an opportunity to join our professional learning community, to share your experiences and learn from others who are struggling with the same issues.

Professional Learning Community Meeting Sponsored by:



To register online using a credit card go to www.kidsmentalhealth.ca, or complete the registration form and fax it to 1 905-332-1587.