



Children's Mental Health Ontario
Santé mentale pour enfants Ontario

Key Drivers for a Sustainable Child and Youth Mental Health System

Children's Mental Health Ontario

Partnering for a Better Child & Youth Mental Health System
November 21- 22, 2011



CMHO's Strategic Direction

- Provide leadership & engage members to reform Ontario's CYMH system
- In pursuit of this:
 - Established a Public Policy Committee (PPC)
 - PPC leads a process for developing position statements
 - Board is responsible for approving position statements



Policy Capacity: Definition

“Policy capacity is the ability to develop and communicate useful advice on public issues we care about to governments, the media, institutions, corporations, and other interests in ways that have a reasonable chance of affecting the course of their decisions. This includes advocacy capacity, or the ability to persuade governments to adopt the policies one is promoting.”

(July 2011 report of the April 2011 symposium on Canada's Voluntary Sector and Public Policy)

Recent History

- Select Committee on Mental Health and Addictions' Final Report (Aug. 2010)
- Open Minds, Healthy Minds - Ontario's Comprehensive Mental Health and Addictions Strategy (June 2011)
- Funding announcement (March 29)
- Minority Liberal government; new Minister of MCYS (Oct. 6)

Purpose of Workshop

- Seek input into CMHO's policy development process related to the creation of a sustainable CYMH system
- Not looking for finished products: ideas, suggestions & recommendations

Last Year's Process

- Created 4 subcommittees; each addressed a critical issue in Ontario's CYMH system
- Process for development
- Position papers
 - Funding Principles for CYMH
 - Integration of Ontario's CYMH System
 - Establishing Service Standards for CYMH in Ontario
 - Reducing Child and Youth Suicide

2011/12 Policy Development Process to Date

- Surveyed CMHO members
- Asked for 'importance' ratings on 4 issues
- Asked for identification of other issues
- Asked for volunteers for sub committees
- 30 responses
- Next steps are occurring today

Group Activity 1 - Dotocracy

- Easing and Improving Transitions from Child to Adult Mental Health Services, e.g.,
 - develop transition strategies
 - increase the age for CYMH services, etc.

- An Aboriginal-specific Child and Youth Mental Health Strategy

Group Activity 1 – Dotocracy (cont'd)

- A New Workforce Strategy, e.g.,
 - more training, address workforce shortages, reduce disparate compensation within and between agencies
- The Development and Implementation of a Sector-Wide Reality Budget, e.g.,
 - allow agencies to build economic realities into their budgets (admin, evaluation, PD costs), relax regulations to permit blending or braiding of funding streams (allow program flexibility, and flexibility in the way services are structured and delivered)



Dotocracy Instructions

- Place a **green** dot beside an issue you think is 'Extremely important for CMHO to address'
- Place a **yellow** dot beside an issue you think is 'Very important for CMHO to address'
- Place a **red** dot beside an issue you think is 'Somewhat important' (or less)
- Use the flipchart to identify other issues

Group Activity 2 - Small Group Discussions

- What are the 2 most important issues that CMHO's policy work should focus on over the next year to ensure a sustainable system into the future, taking into account work already done, pressures in the system and what we know of the economic and political climate?
- Briefly explain why these are the most important
- Report back



Results: 'Very'/'Extremely' Important for CMHO to Address

	'Very' (%)	'Extremely' (%)	Total (%)
The Development and Implementation of Sector-Wide Reality Budget	16.1 ()	74.2 ()	90.3 ()
A New Workforce Strategy	16.1 ()	64.5 ()	80.6 ()
An Aboriginal-specific Child and Youth Mental Health Strategy	41.9 ()	32.3 ()	74.2 ()
Easing and Improving Transitions from Child to Adult Mental Health Services	50.0 ()	17.7 ()	66.7 ()



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Other Issues Identified: Dotocracy

Other Issues Identified: Survey Monkey

- (Age) Transitions (overlaps with 'Easing')
- Funding
- Suicide, Bullying, Social Media
- Access/Restructuring (supporting mandated services, mergers, eliminate wait times)

Concluding Remarks

- We're looking for volunteers
- Sign-up sheet at the front of the room

THANK YOU